

Movies for Mental Health (Online)

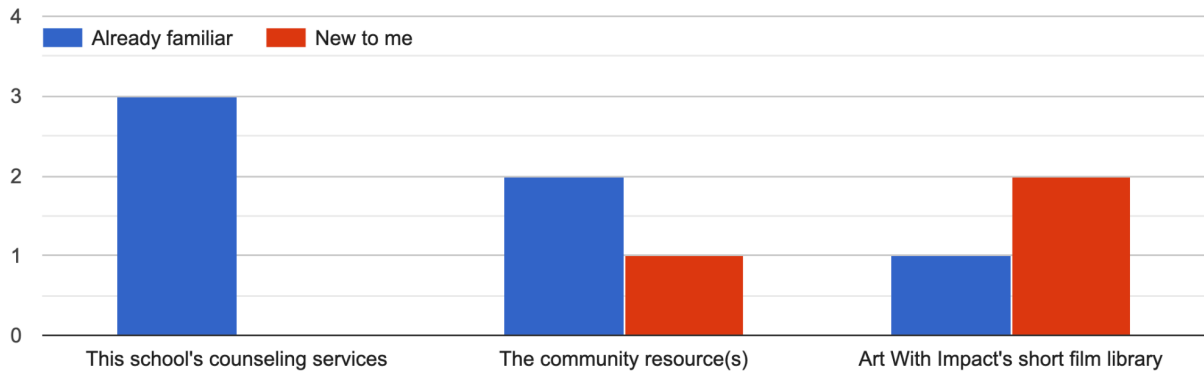
Post-Workshop Surveys

School: Coastline College
Date: 4/4/24

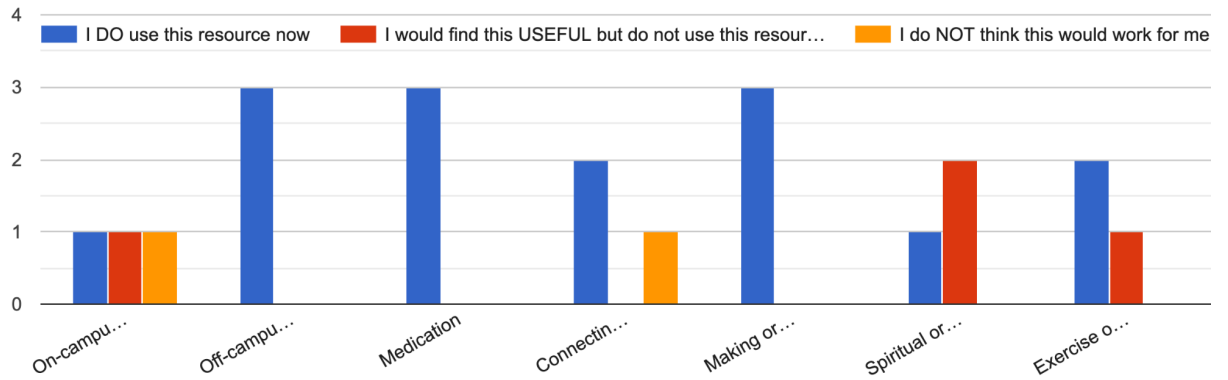
Number of attendees: 10
Number of surveys: 3

Resource Awareness and Access

Which of the following resources were new to you today?

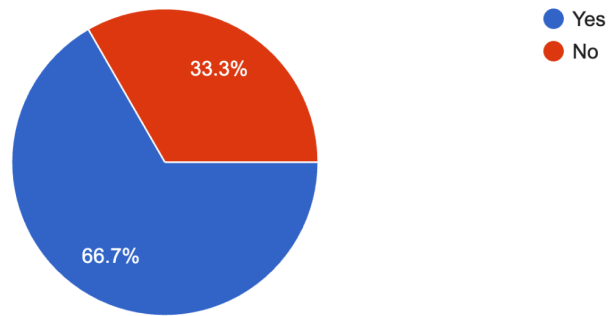


In this list of mental health resources, which do you use, and which might you find useful?



One of the supporters of this event that we talked about was California's Mental Health Commission. Had you heard of the Commission before you came to this event?

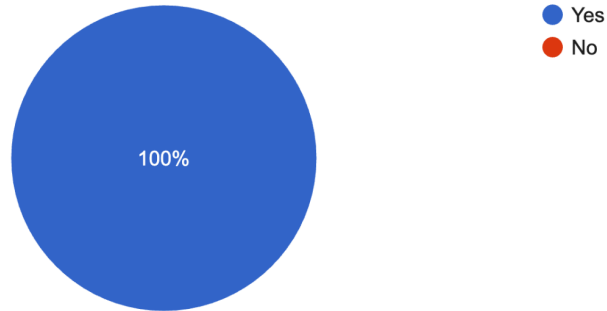
3 responses



Workshop Impact

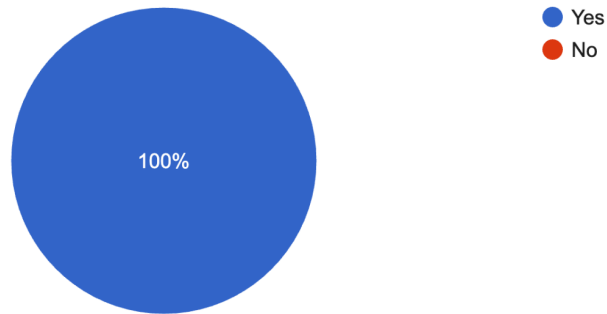
Did this workshop help you confront and address stigma related to mental illness?

3 responses



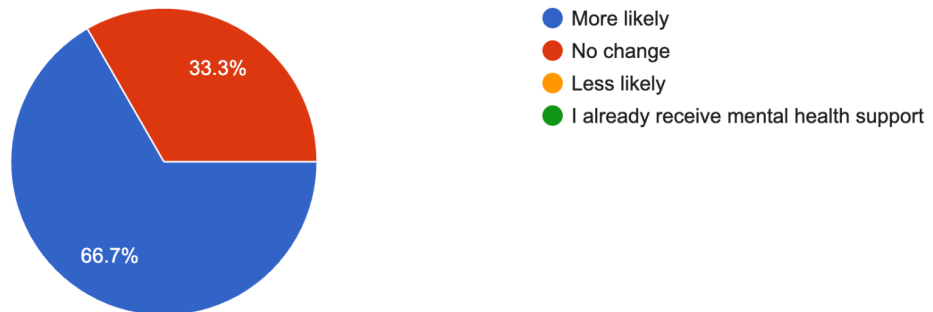
Did you learn something new about mental health?

3 responses



After this workshop, are you more or less likely to seek support for your own mental health?

3 responses



66% of students who don't currently receive support reported an increased likelihood of seeking support for their own mental health

What was the most impactful thing about this workshop?

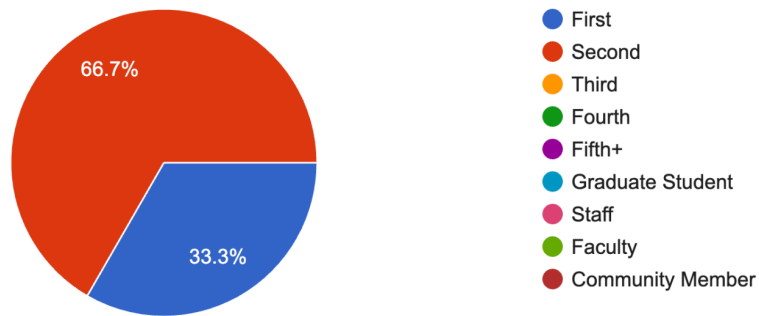
- The workshop helped me think more about my family and friends
- Knowing that I am not alone

How can we improve this event in the future?

- N/A

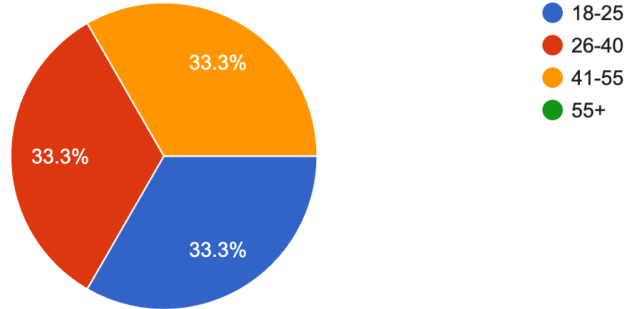
A Bit About You (optional)

What year are you?
3 responses



How old are you?

3 responses



What is your gender?

Male	100%

What is your ethnicity? (Select all that apply.)

3 responses

