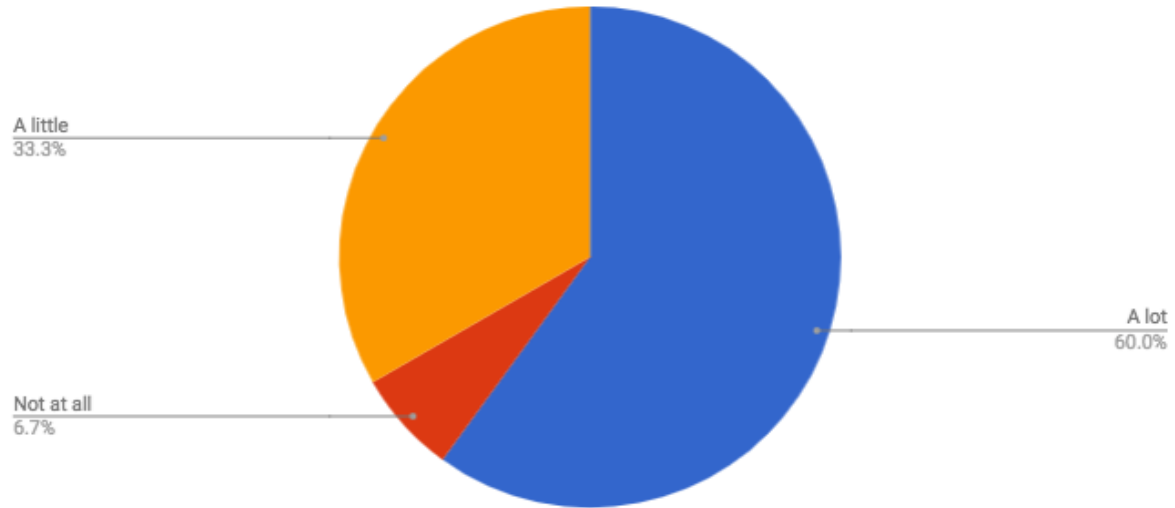


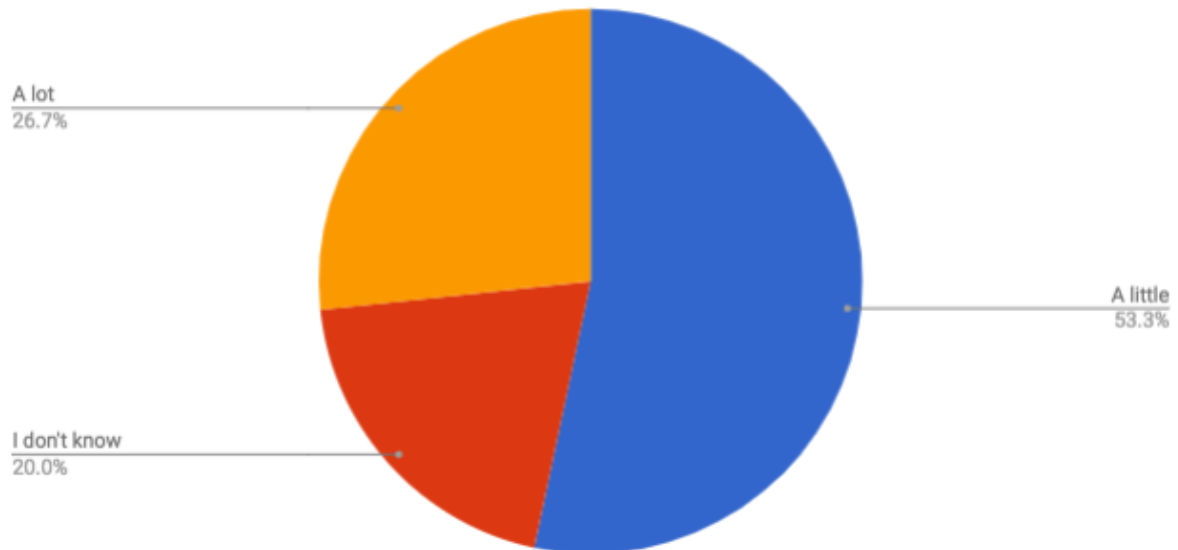
Concordia University Edmonton December 5, 2017

N= 16 evaluations, ~ 50 people in attendance

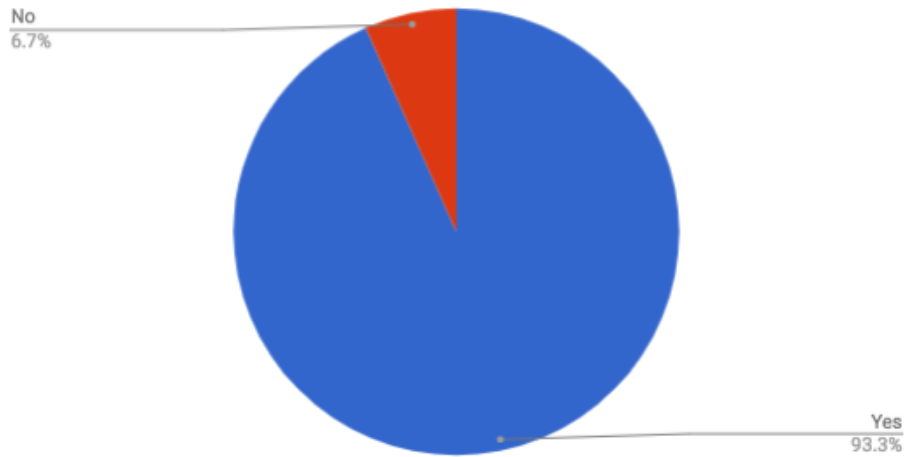
In your opinion, did this event create awareness of mental health issues?



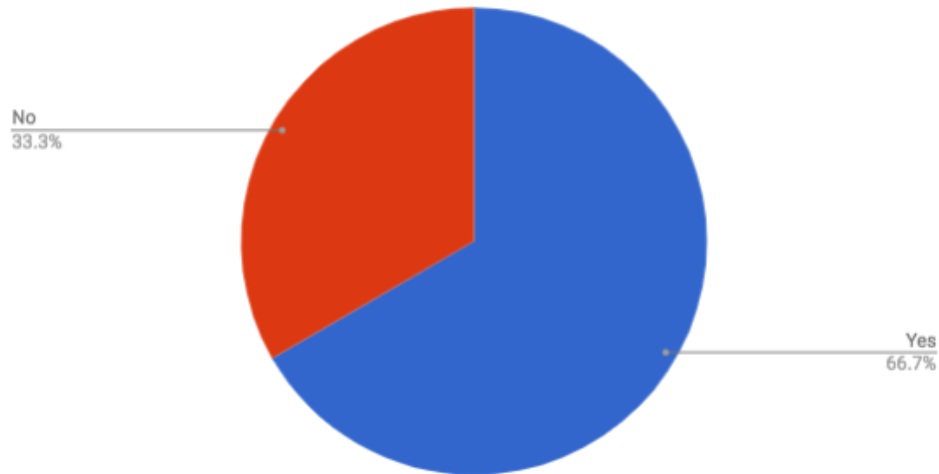
In your opinion, did this event reduce stigma related to mental illness?



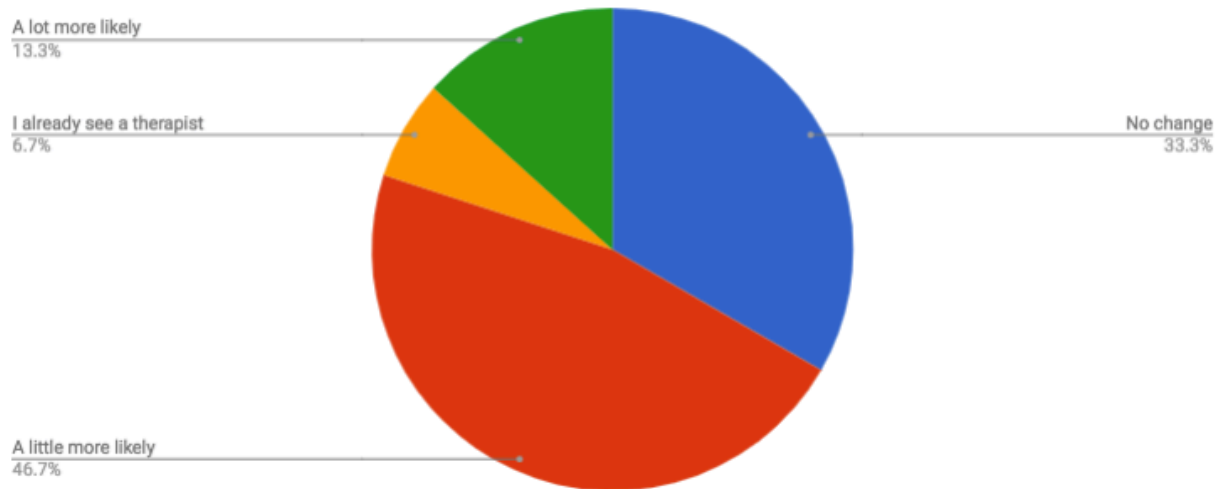
Did you know about your school's counselling services before this event?



Did you know about community resources before this event?



After this event, are you more or less likely to use your school's counselling services?



Referral Source - How did you hear about this event?

Friend - 29%
CUE Newsletter - 7%
Posters/ Flyer - 14%
In Tegler / happened to be in room - 50%

Support Category - What type of mental health support would be most useful to you?

Friends - 8
On-campus MH support – 6
Off-campus MH support - 4
Traditional / spiritual - 1
The arts / creativity - 7
Family - 8
Professors / mentors - 5
Online resources - 3
Fitness and physical activity - 2

What was your main takeaway?

- Counselling is good
- Where to get help and how to identify mental illness
- That this can be a public issue
- You never know who has one (a mental illness)
- Mental health is a serious issue, society is not aware of it enough
- Anyone can have a mental illness
- Mental health is not a joke
- Mental illness is more than what social media portrays it to be
- Off campus services

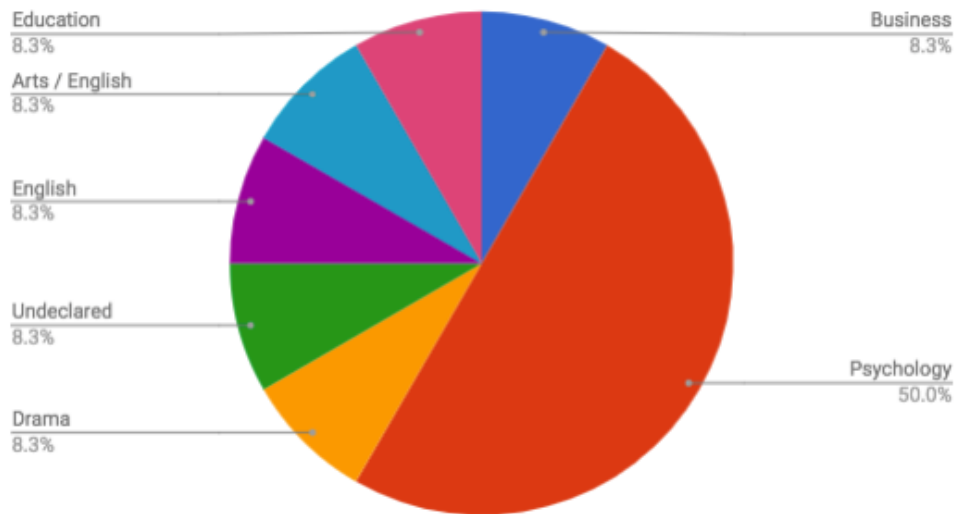
How would you describe this event to a friend?

- Raising awareness to mental health
- Educational
- Mental health awareness and how to deal with mental illness
- Inspiring
- Educational, interesting
- A place of learning and open opinions, a safe place
- Powerful
- Informative, nice
- It gives awareness about mental health
- Helpful, educational
- Informational

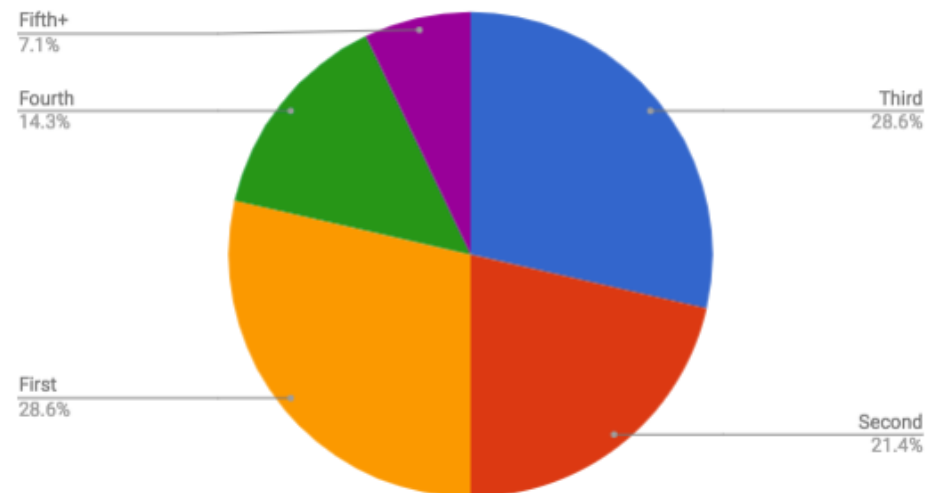
How can we improve this event in the future?

- Maybe talk about how religion is covering this topic
- Fewer songs
- Work on incentive management
- I think it would be a lot less disruptive for speakers if it were in a lecture hall
- Not in Tegler / Smaller space / More intimate setting (3)
- More participation, skits and videos

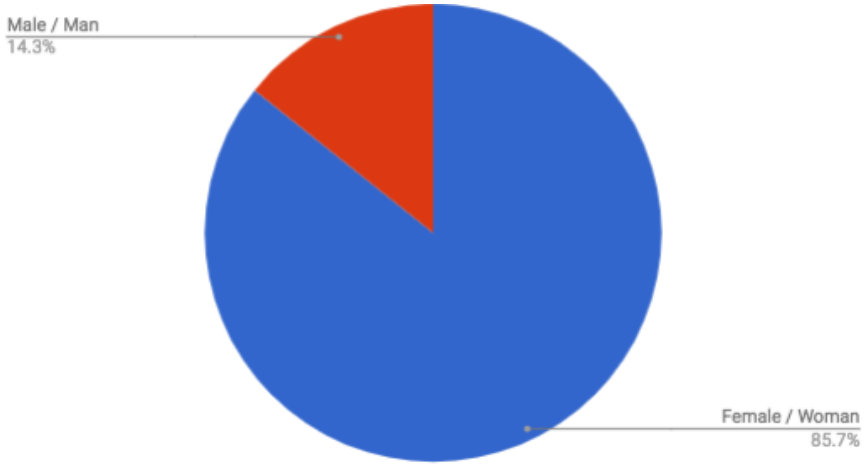
Major



Year



Gender



Ethnicity

