

Movies for Mental Health (Online)

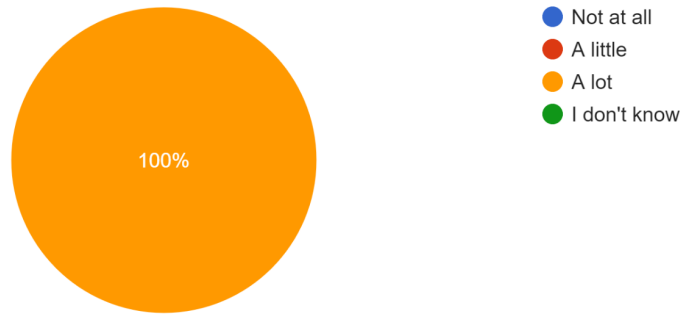
Post-Workshop Evaluations

College of the Canyons
2.22.23

Approximate maximum attendance: 46
Number of evaluations: 4

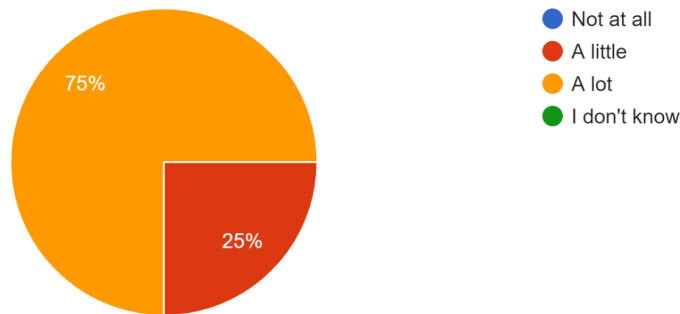
In your opinion, did this workshop increase your awareness of mental health issues?

4 responses



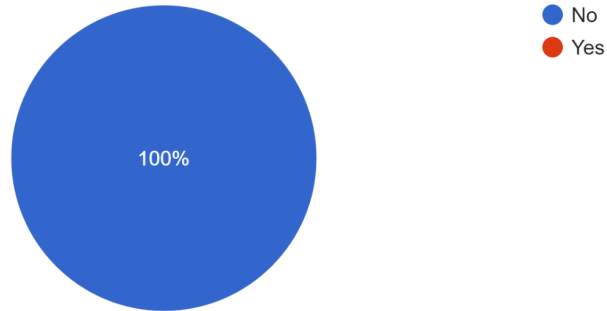
In your opinion, did this workshop help you confront and address stigma related to mental illness?

4 responses



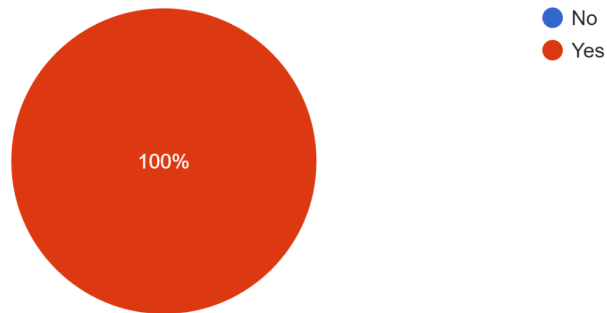
Did you know about the the Mental Health Services Act before this event?

4 responses



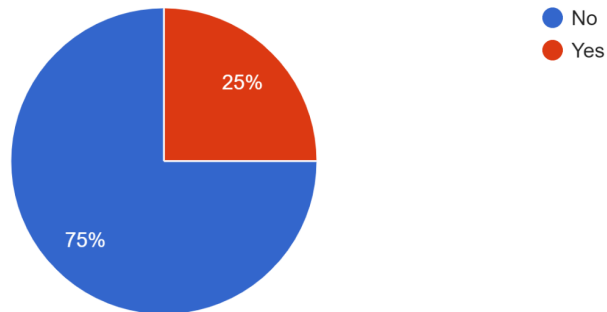
Did you know about your school's counseling services before this event?

4 responses



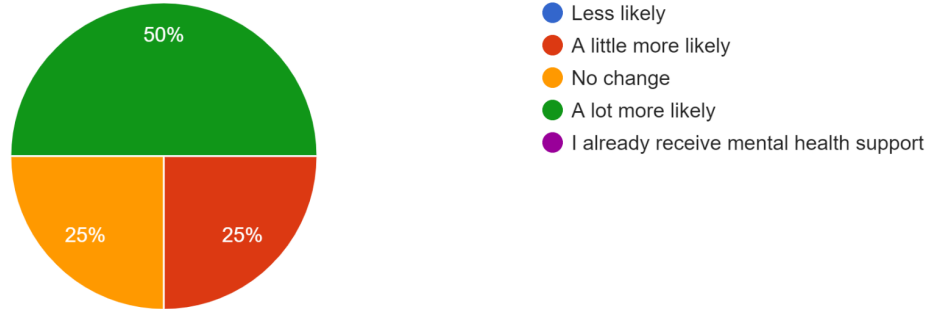
Did you know about the community resources before this event?

4 responses



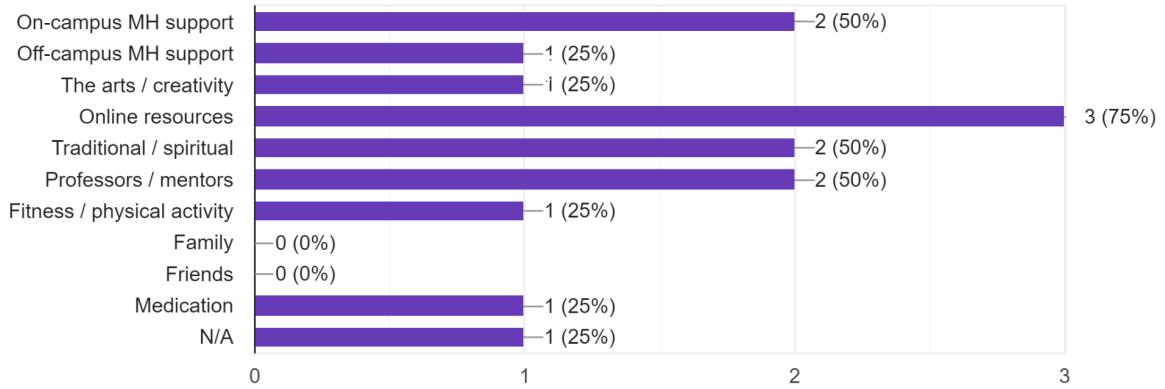
After this event, are you more or less likely to seek support for your mental health?

4 responses



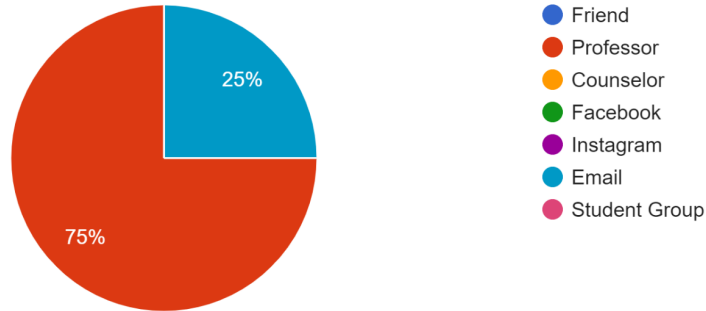
What type(s) of mental health support would you like better access to?

4 responses



How did you hear about this event?

4 responses



What was your main takeaway?
it's ok to seek help.
Help is available everywhere.
Understanding what others experience and to be understanding.
There are so many resources available.

If you were telling a friend about this workshop, you would describe it as: (Highlights: see raw data for full list)
Very informative and helpful
Very informative
A helpful tool into mental health
Engaging and informative

How might you use what you learned today?
Get out there and seek the help, not hesitate
If I feel like I may need help, there is no shame in seeking treatment
To inform students of resources both on and off campus

It is important in EMT to be understanding, patient, and compassionate, allow patients to respond at their pace, don't judge them, depending on the situation and barring obvious life threatening emergencies.

What are the biggest barriers to your mental wellness and/or receiving mental health support?

(Highlights: see raw data for full list)

Access to adequate resources

Taking action to do it

Cultural

How can we improve this event in the future?

Send an email through the school advertising this event

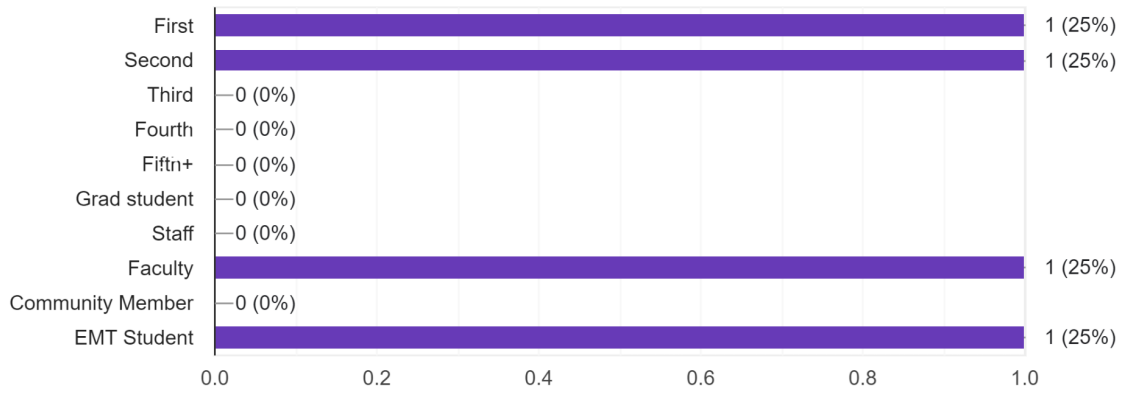
Great as it was presented

Major

EMT	50%
Paralegal	25%
N/A	25%

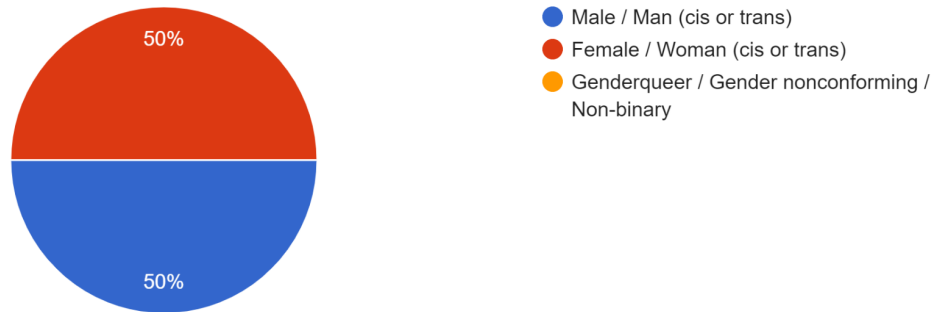
Year

4 responses



Gender Identity

4 responses



Ethnicity

4 responses

