

Wellness in Words (Online)

Post-Workshop Evaluations

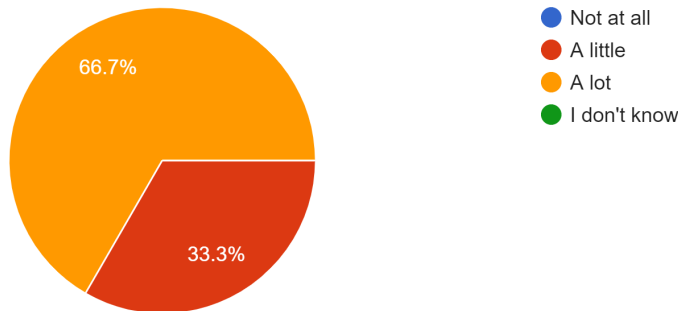
Confederation College
February 1, 2022

Number of attendees: 3
Number of evaluations: 3

Did this workshop increase your awareness of mental health issues specific to queer humans?
3 responses



Did this workshop help you name and see examples of stigma related to mental health issues experienced by queer folks?
3 responses



What was your main takeaway?

How helpful it is to engage in learning spaces like these, I wish this existed at the Highschool level for my daughter

People want to see change for a better community and a acceptance of all

That everyone is unique in their own way.

How might you use what you learned today?

one big take home is how good it feels to write out experiences and feelings and "what you don't know, witness" were said by Brit and felt very important for me to hear

Use it to create awareness at work

I will be mindful of other peoples.

If you were telling a friend about this workshop, you would describe it as: (Highlights: see raw data for full list)

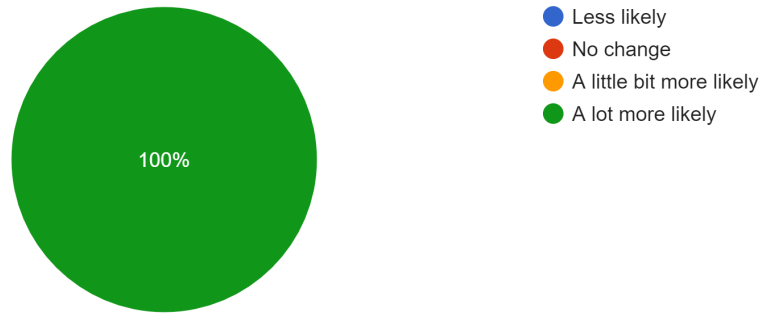
engaging, informative and creative

Informative and deep considerstion when watching the films

The workshop gives knowledge of awareness.

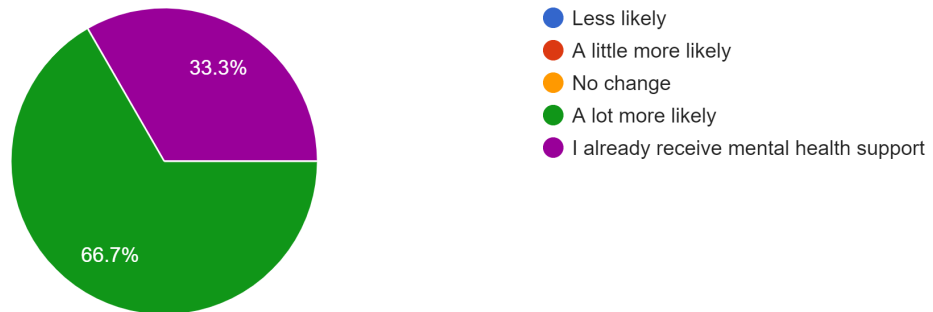
After this workshop, are you more or less likely to take action to support the mental health of queer folks in your life?

3 responses



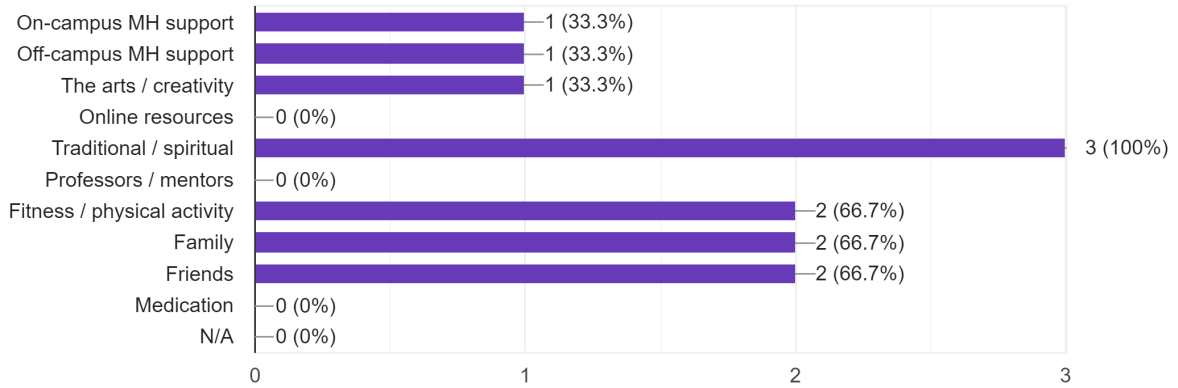
After this event, are you more or less likely to seek support for your own mental health?

3 responses



What type(s) of mental health support do you think would be most useful to you?

3 responses



What are the biggest barriers to your mental wellness and/or receiving mental health support?

(Highlights: see raw data for full list)

time, full time student and parent

People trying to give me advice or help solve the problem

breaking barriers of my own trauma.

How can we improve this event in the future?

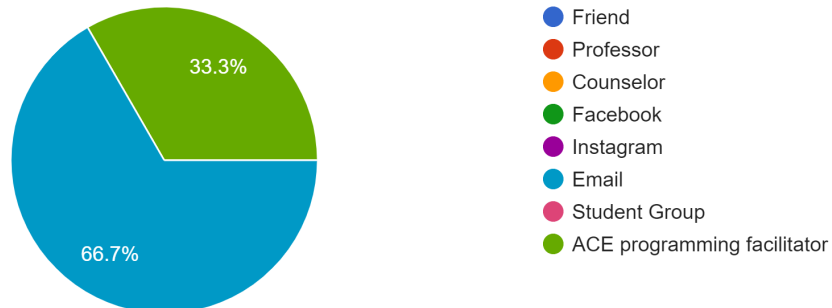
In person would be amazing

A bit longer time frame

That we can have more people sharing their stories.

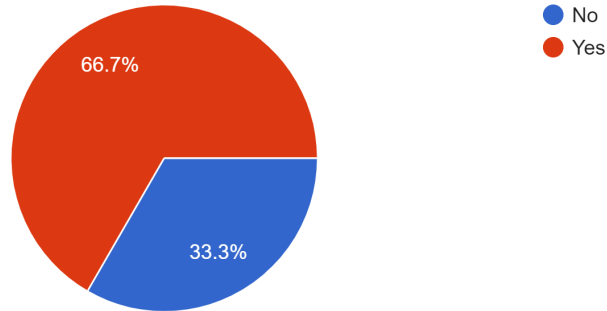
How did you hear about this event?

3 responses



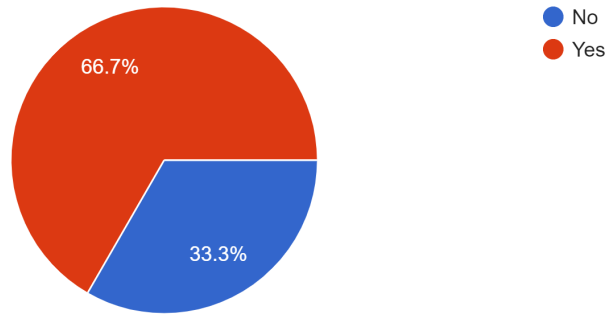
Before this event, did you know about your school's counseling services?

3 responses



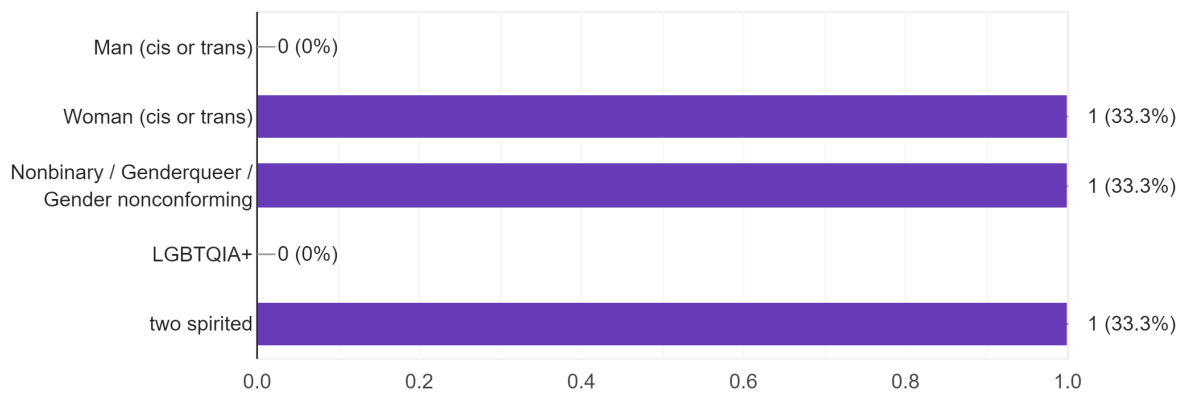
Before this event, did you know about the community resource(s) who presented on the panel?

3 responses



How do you identify? (Check all that apply)

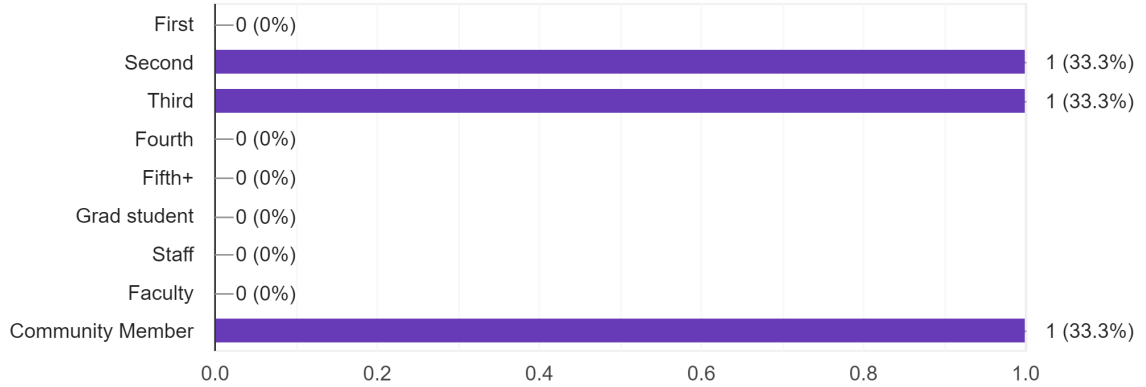
3 responses



Major	
Nursing	1
ACE	1

Year

3 responses



Ethnicity

3 responses

