

Films for Thought

DISCUSSION LEADER TRAINING



FILMS FOR THOUGHT TRAINS COMMUNITY LEADERS AND EMPLOYERS ON HOW TO FACILITATE EMOTIONALLY SAFE ART-BASED DISCUSSIONS ABOUT MENTAL HEALTH USING ART WITH IMPACT'S FILM COLLECTION.

Feedback

"Great tool, very useful and manageable without being an expert."

"Very friendly and inviting. Easy to follow along and participate."



"Using film is an effective and impactful way to encourage thoughtful discussions about mental health."

"Art With Impact has been a wonderful resource for our community and coalition!"



The Films for Thought discussion leader training:

- Creates an environment in which leaders feel safe to listen, share, and ask questions;
- Teaches participants theories and methodologies that support safe arts-based discussions about mental health issues;
- Explores facilitating skills to help participants create meaningful discussions without needing to be an "expert" and making space for a variety of perspectives;
- Ensures that participants gain practice in leading discussions to address more challenging moments that can come up.

Resources

The 60+ short films in the OLIVE library are powerful, direct teaching tools that allow people to ask themselves and others questions they may have never considered before, modelling unparalleled diversity around issues related to mental health. Based on your objectives and those directly served in your community, AWI can provide film bundles to help structure discussions and ensure content is relevant to your constituents.

AWI is committed to fostering positive relationships with each community leader, and will dedicate the time needed to ensure each leader feels equipped to guide their discussions in safe and responsible ways. This ongoing support pertains specifically to facilitation skills, content questions, best practices, and safety mechanisms. AWI also provides you with analysis of, and recommendations based on input as noted in attendee evaluations.