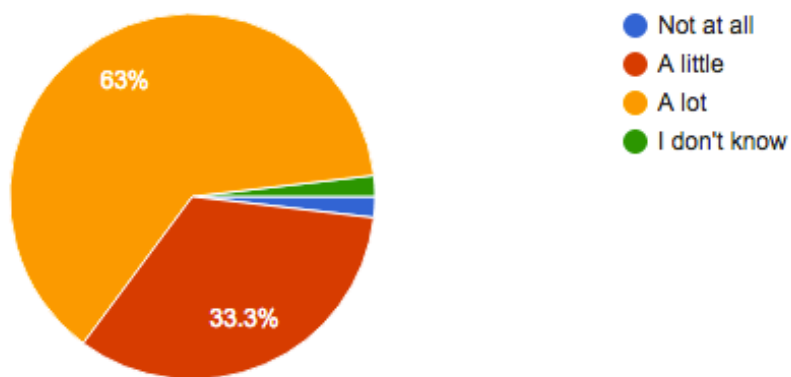


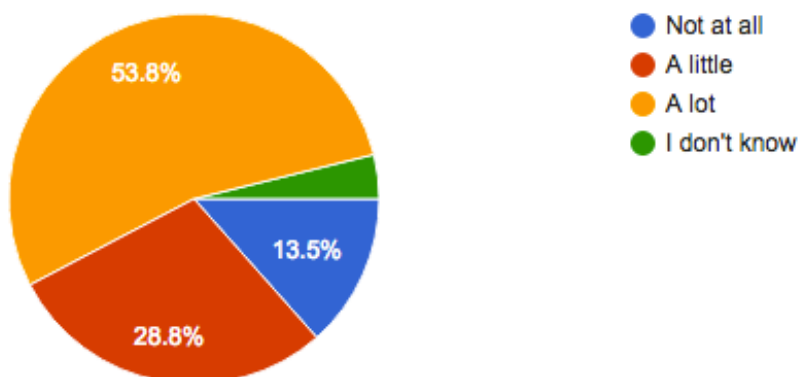
Films With Impact @ Selwyn House + Trafalgar School April 24-25, 2017

N= 54 evaluations, ~ 90 people in attendance

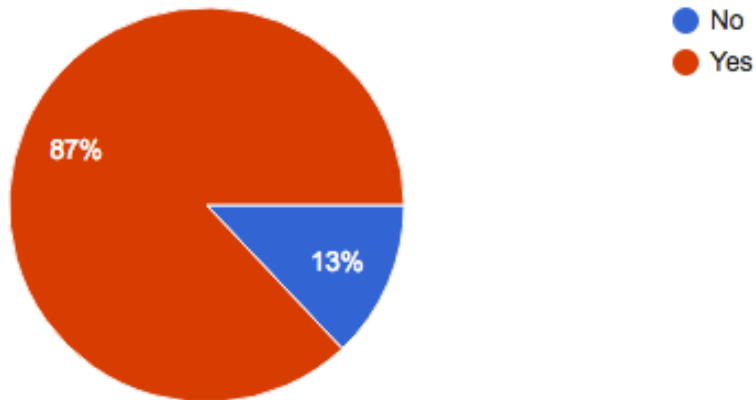
How much did you learn about mental health that you didn't already know?



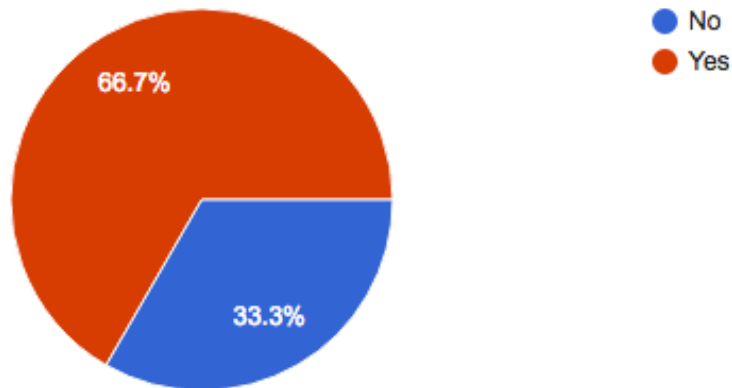
Did this workshop improve your opinion of people with mental illness?



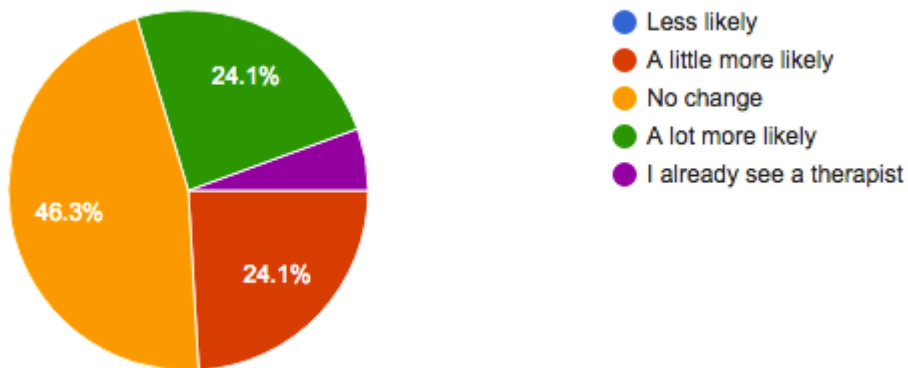
Did you know about your school's counselling services before this event?



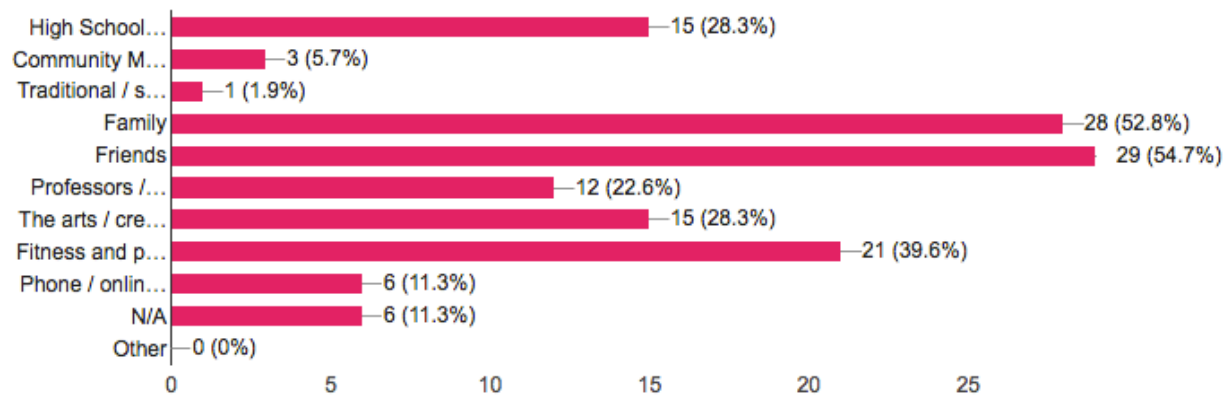
Did you know about the community-based and online mental health resources before this event?



After this event, are you more or less likely to seek support for your mental health?



Support Category - What type of mental health support do you think would be most useful to you?



- Family and friends had the highest responses
- Fitness and physical activity, high school MH resources and the arts / creativity second highest

What was the main thing you learned?

- Always seek support
- Be mindful
- Details about each mental illness and the difference between what media portrays v. what actually is
- Different illnesses, symptoms (8)
- Education is important
- How different people commonly perceive mental illness
- How it feels to live with a mental illness (2)
- How the filmmaking process works (2)
- How to portray a mental illness
- I learned a lot more about mental health and what to do about (it)
- I learned that we must break the stigma as the media doesn't portray it at all
- It affects everyone around you / doesn't discriminate (6)
- It comes in different forms
- It's normal to have a mental illness
- No one can battle a mental illness alone
- People can experience / suffer from more than one form of mental illness
- People care / will help (2)
- Symptoms and actions from people with different mental health problems
- The hurtful effects that stigma can cause
- The idea of the mental wellness
- There are more people with mental illness than we know

- To help others if you notice anything
- To talk about your issues

How would you describe this event to a friend?

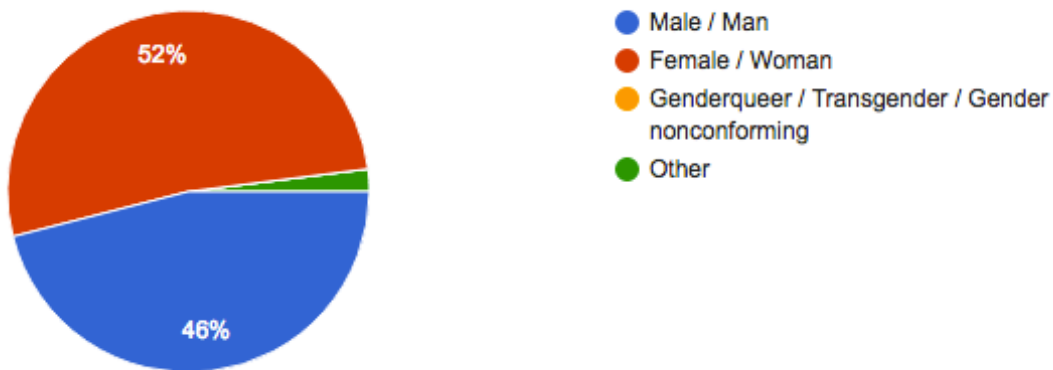
- A chance to learn and change the ideas of mental health
- A creative way of bringing awareness (2)
- A fun and interactive way of talking about mental health
- A great learning experience (2)
- A lot of fun
- A really good experience
- A really great, worth-going event
- A very important session
- A way to raise awareness through creative use of filmmaking
- An amazing experience
- An array of diverse creative visions depicting mental illness collaboratively
- An icicle of emotion is thrust into your heart leaving you to bleed as it shoves knowledge down your throat, and you'll enjoy it!
- An interesting way to open your eyes
- Coming together to make an impact
- Decent
- Educational
- Empowering / eye opening
- Eye opening
- Filmmaking awareness
- Fun, informative (3)
- Good learning experience
- Helpful and insightful (2)
- Impactful
- Important, necessary (2)
- Interesting
- It is very cool. I learned a lot
- It was one that teaches a lot of acceptance
- It's important to know about these situations
- It's meaningful
- Learning experiences
- Life changing
- Opinion-changing
- Very fun and interesting
- Very uplifting

How can we improve this program in the future?

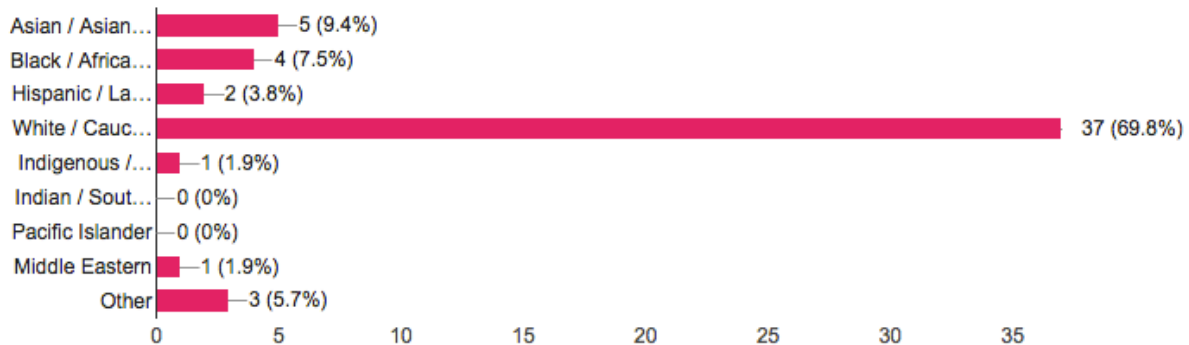
- A bit more theory - stats (2)

- Ask students to come voluntarily (not compulsory)
- I think it was great (2)
- It's good. Thank you. (2)
- Less opinions
- Less presentation...?
- Less repetition of information
- Less taking down opinions
- Make it open to parents
- Maybe we can have more days
- More grades should get involved
- More group discussions
- More structure to films
- More time / manpower to make / develop videos (5)
- More time to talk about the illnesses (not just half a day)
- Time management, more exclusivity
- To have the two schools interact further than just being in the same building (4)
- Use computers as well as Ipad

Gender



Ethnicity / Identifiers



Additional Comments

- I feel as though the projects and videos could be improved by giving a workshop concerning how to work iMovie
- My aunt committed suicide recently and I would love to talk about it with someone
- Nope! Good time, learned :)
- Thank you
- Thank you!