

Our Bodies, Our Minds

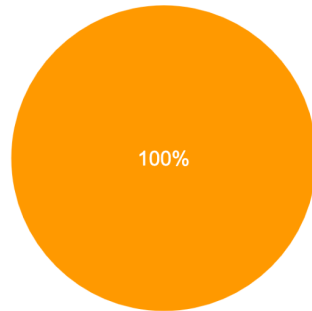
Post-Workshop Evaluations

Framingham State University
April 12, 2022

Number of attendees: 8
Number of evaluations: 4

In your opinion, did this workshop raise awareness about the mental health impacts of sexual violence?

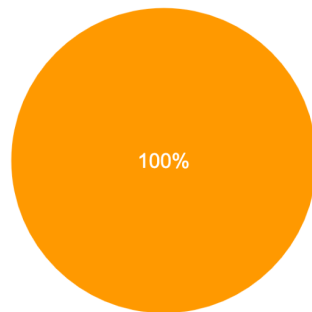
4 responses



- Not at all
- A little
- A lot
- I don't know

In your opinion, can this workshop help communities be safer and more supportive of survivors of sexual violence?

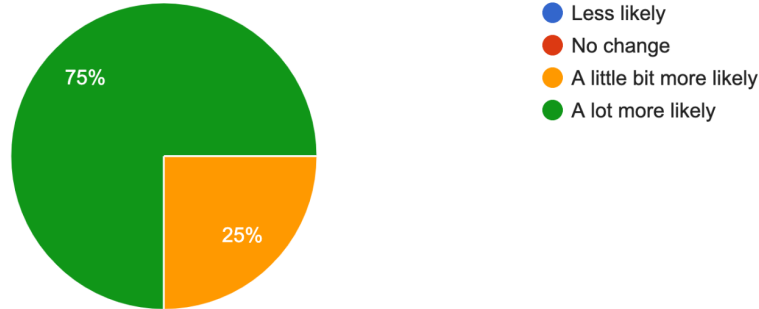
4 responses



- Not at all
- A little
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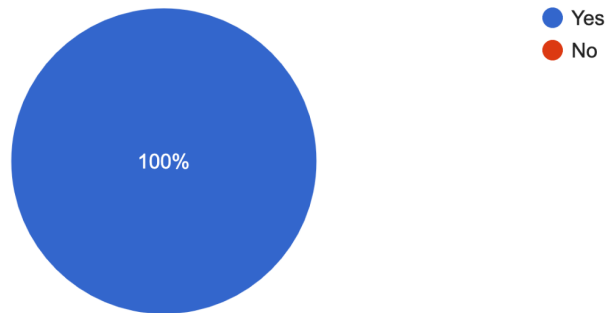
After this event, are you more or less likely to take action to support yourself or others when it comes to healing from sexual violence?

4 responses



Did you learn about new resources relating to mental health and sexual violence?

4 responses



What types of tools or action do you think you might now take to support healing from sexual violence for yourself or others?

More programming and education

That's it's okay to take time when healing.

visit the counseling center more often!

I will always be open to talk

How did you hear about this event?

Organizer (x2)
Instagram story
I heard about it from student government

What was your main takeaway?

Messaging can be received differently
I'm not alone
Healing is most certainly not linear and it is best to be honest with yourself

If you were telling a friend about this workshop, you would describe it as:

Interactive
Empowering
I would describe it as eye opening

How might you use what you learned today?

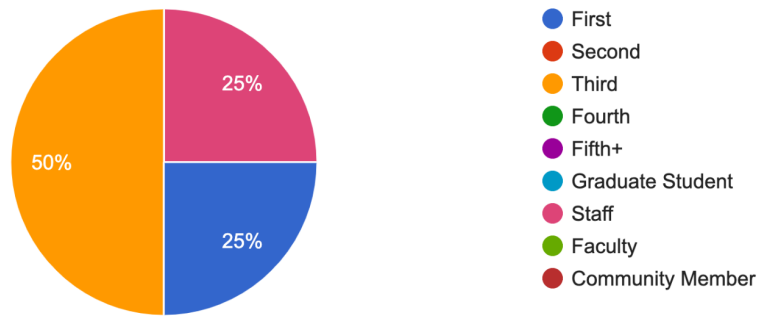
Involve students
I will try to be more understating.
To support my friends
I will use different techniques to heal

What are the biggest barriers to your community being safe for and supportive of survivors?

Feeling alone
The willingness to be open

Major
Fashion Design
History and English
International business

Year
4 responses



Check any/all that apply
4 responses

