

Movies for Mental Health

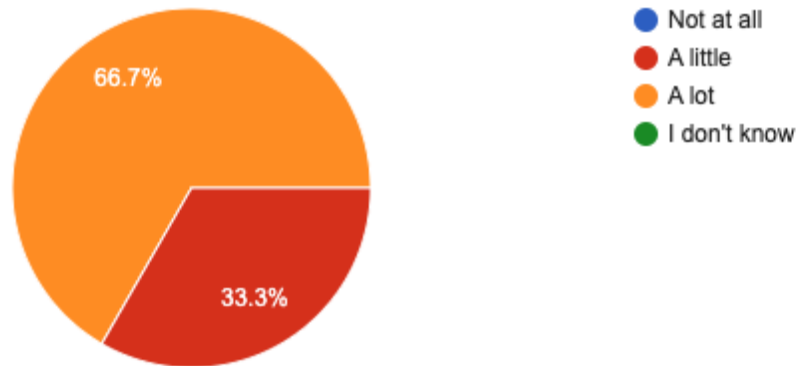
Post-Workshop Evaluations

Gavilan College
5.2.23

Approximate maximum attendance: 5
Number of evaluations: 3

In your opinion, did this workshop increase your awareness of mental health issues?

3 responses



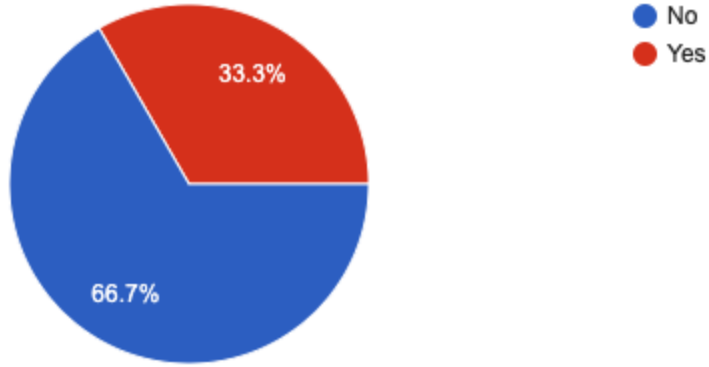
In your opinion, did this workshop help you confront and address stigma related to mental illness?

3 responses



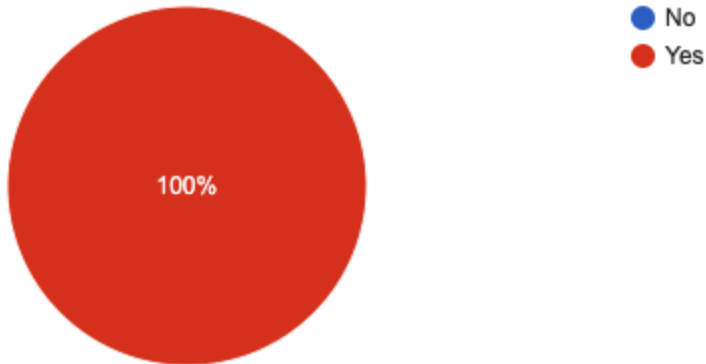
Did you know about the the Mental Health Services Act before this event?

3 responses



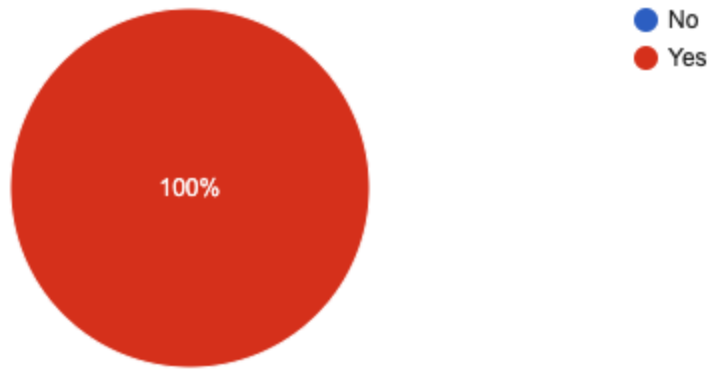
Did you know about your school's counseling services before this event?

3 responses



Did you know about the community resources before this event?

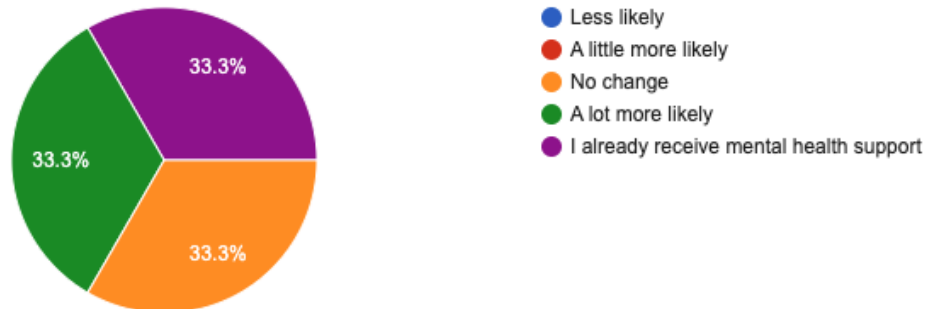
3 responses



After this event, are you more or less likely to seek support for your mental health?

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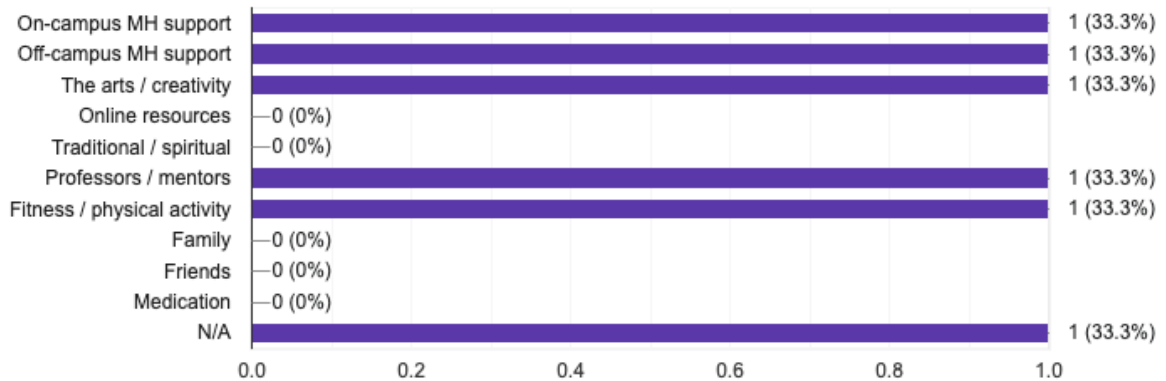
3 responses



What type(s) of mental health support would you like better access to?

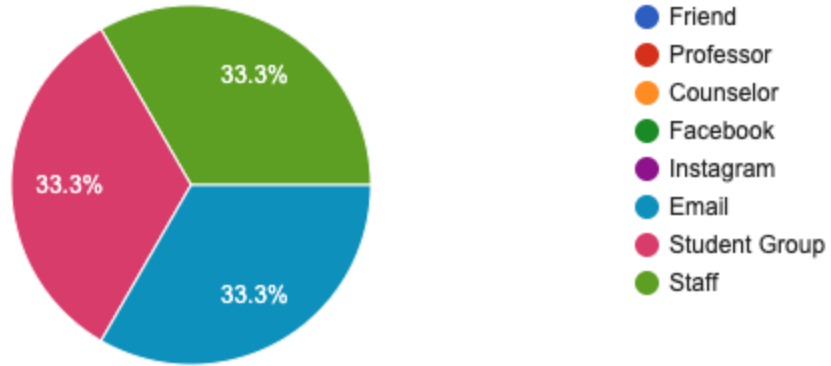
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3 responses



How did you hear about this event?

3 responses



What was your main takeaway?

Mental health awareness is important

The films

If you were telling a friend about this workshop, you would describe it as: (Highlights: see raw data for full list)

Touching

Films about mental health

How might you use what you learned today?

Seek support

Breathing technique

What are the biggest barriers to your mental wellness and/or receiving mental health support? (Highlights: see raw data for full list)

Money

Insurance, general accessibility

How can we improve this event in the future?

More advertising?
 It'd be cool to have some more speakers

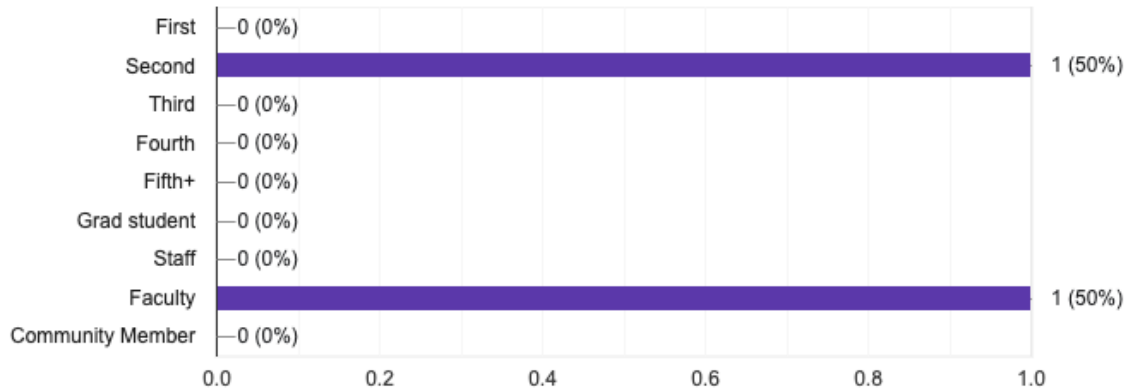
Major

Psychology

Year

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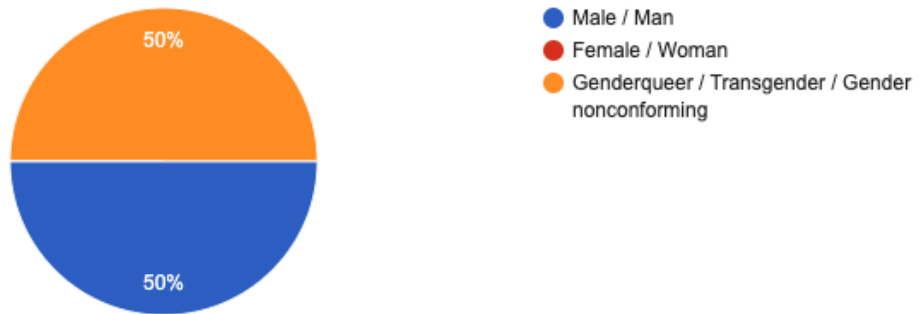
2 responses



Gender Identity

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2 responses



Ethnicity

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2 responses

