

Our Bodies, Our Minds

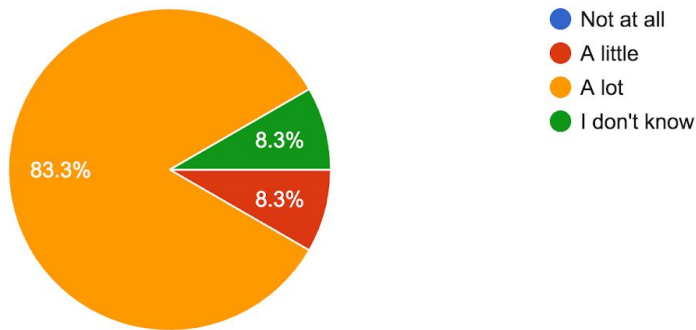
Post-Workshop Evaluations

Glendale Community College
October 24, 2019

Number of attendees: 15
Number of evaluations: 12

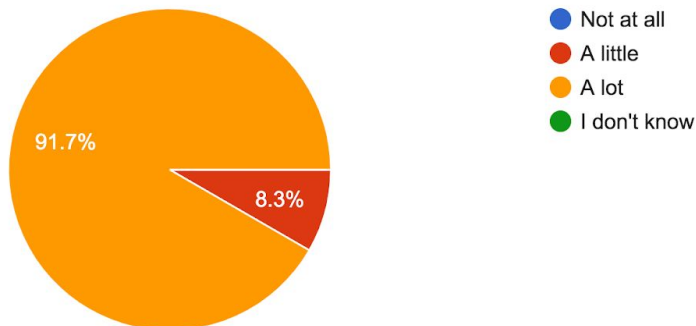
In your opinion, did this workshop raise awareness about the mental health impacts of sexual violence?

12 responses



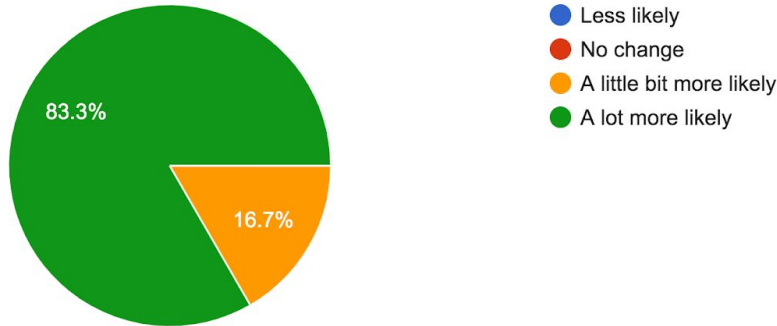
In your opinion, can this workshop help communities be safer and more supportive of survivors of sexual violence?

12 responses



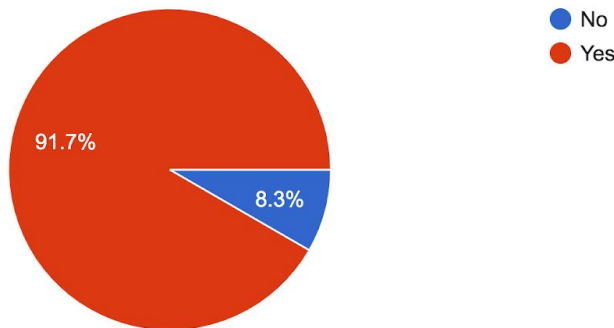
After this event, are you more or less likely to take action to support yourself or others when it comes to healing from sexual violence?

12 responses



Did you learn about new resources relating to mental health and sexual violence?

12 responses



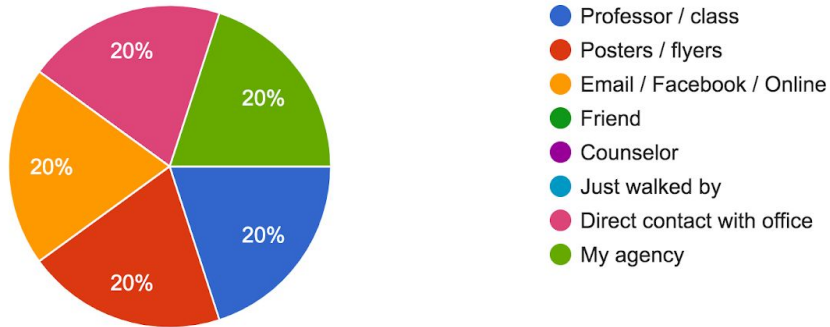
What types of tools or action do you think you might now take to support healing from sexual violence for yourself or others?

(Highlights - see raw data for all answers)

- Listening, not being so fast to offer my opinion.
- Listening and referring. (x2)
- Seek out local resources—hold safe space to hear others.
- Seeking help when needed.
- Talking about it is okay, and I'm going to make sure people know that.

How did you hear about this event?

5 responses



What was your main takeaway? (Highlights - see raw data for all answers)

Services in the community.
 Learning more about sexual assault.
 To speak.
 There is support.
 Understanding more about sexual abuse.
 To be aware, express feelings, get help if needed.
 We all need to be educated about sexual violence and how to support the people around us
 Listen, have a supportive, loving mindset.
 We can support each other better by listening and responding with love.

If you were telling a friend about this workshop, you would describe it as:

(Highlights - see raw data for all answers)

Help you understand how to help a victim, whether yourself or someone else.
 An interactive workshop on how to support survivors of sexual assault.
 Cool environment that's very supportive.
 Educational, helpful, impactful.
 Helpful, resourceful.
 Interactive, supportive.

How might you use what you learned today? (Highlights - see raw data for all answers)

If someone talks I'll listen and love.
 Having a safe conversation.
 Remember points.
 For future reference.
 Help friends in need.
 be supportive
 Through how I communicate.
 Share with a friend.

What are the biggest barriers to your community being safe for and supportive of survivors? (Highlights - see raw data for all answers)

Access to resources. Resources in Spanish/other languages.
 Communication.
 Having support.
 Ignorance.
 Stigma.
 Well, I personally don't have that many friends.

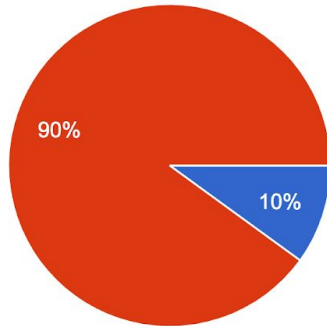
How can we improve this event in the future? (Highlights - see raw data for all answers)

Just keep getting people involved. Advertising :)
 Larger turnout / spreading the word about the event to the community.
 Nothing at this time.
 I thought the leader should make better eye contact with me.

Major	
Psychology / Nursing	2
Web Development	1
Foreign Language	1
Communication	1

Gender

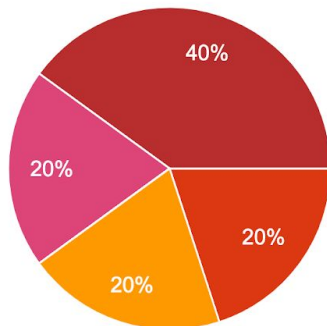
10 responses



- Male / Man
- Female / Woman
- Transgender / Genderqueer / Nonbinary

Year

10 responses



- First
- Second
- Third
- Fourth
- Fifth+
- Graduate Student
- Staff
- Faculty
- Community Member

Race / Ethnicity		
Hispanic / Latinx	3	27%
Middle Eastern	2	18%
White / Caucasian	5	46%
Armenian	1	9%