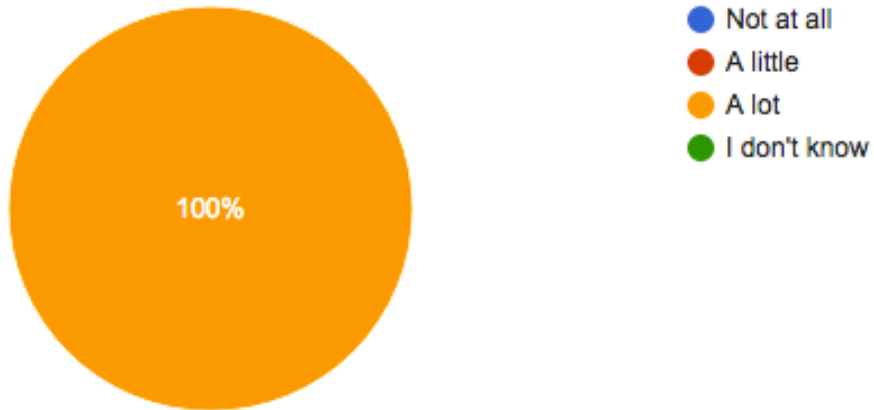


Keyano College

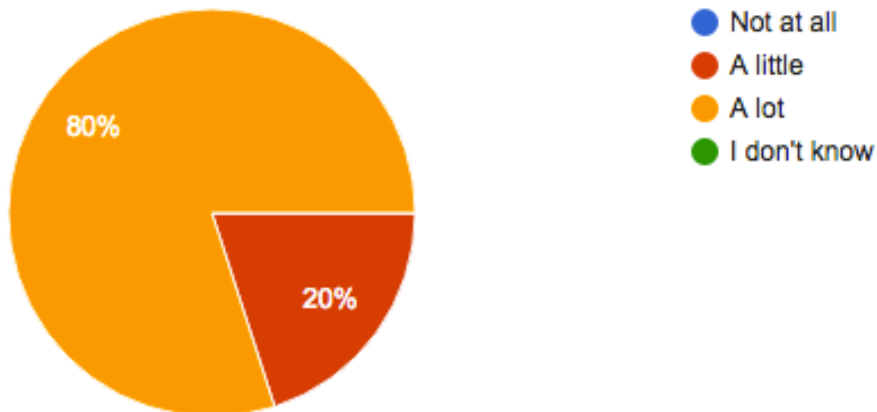
March 18, 2017

N= 8 evaluations, ~ 15 people in attendance

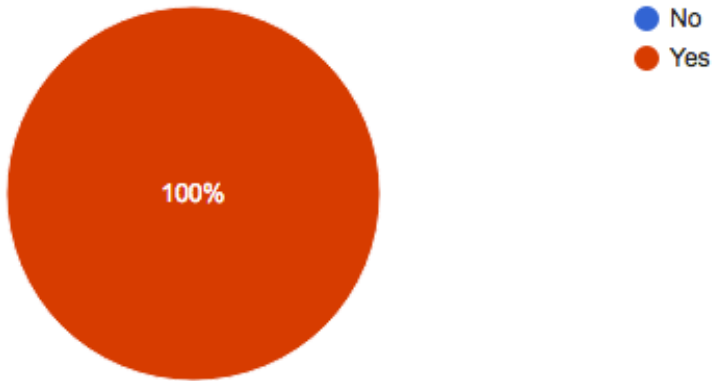
In your opinion, did this event create awareness of mental health issues?



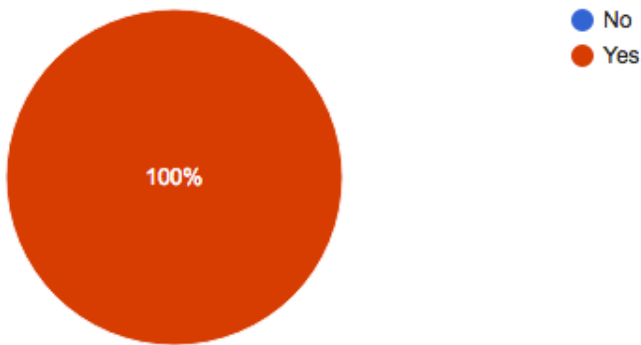
In your opinion, did this event reduce stigma related to mental illness?



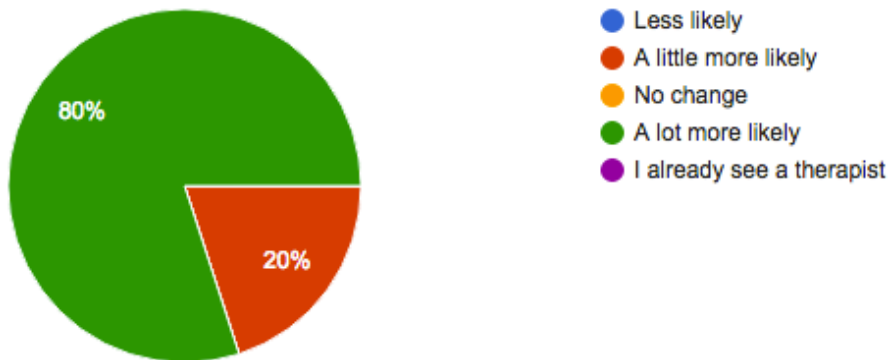
Did you know about your school's counselling services before this event?



Did you know about community resources before this event?



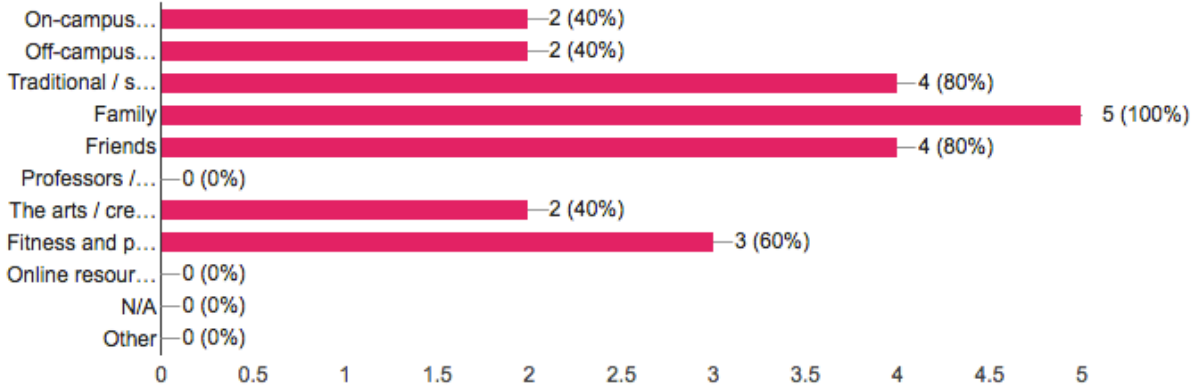
After this event, are you more or less likely to use your school's counselling services?



Referral Source - How did you hear about this event?

Professor (20%)
Conference (20%)
Facebook

Support Category - What type of mental health support would be most useful to you?



- Family, traditional / spiritual healing and friends had the highest responses
- Fitness / physical activities second highest responses

What was your main takeaway?

- Always be caring and helpful
- Seek out help (2)
- Go out there & talk about mental illness. Encourage each other to be there for one another
- Mental illness is real and it's important to support to reduce social distancing.
- Talk about mental health to reduce stigma.

How would you describe this event to a friend?

- Very beneficial
- A very effective way to get informed about MH.
- It was an eye opener and very informative
- Successful

How can we improve this event in the future?

- It was very comprehensive

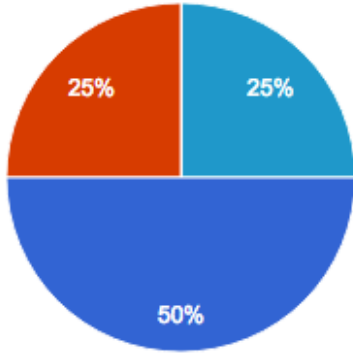
Major:

B.Ed

History + English

Social Work Diploma

Year



- First
- Second
- Third
- Fourth
- Fifth+
- Grad student
- Staff
- Faculty
- Community Member

Gender

Female
5
100%

Ethnicity

Black / African Canadian	Indian / South Asian	White / Caucasian	Other
2	2	1	2
40%	40%	20%	40%