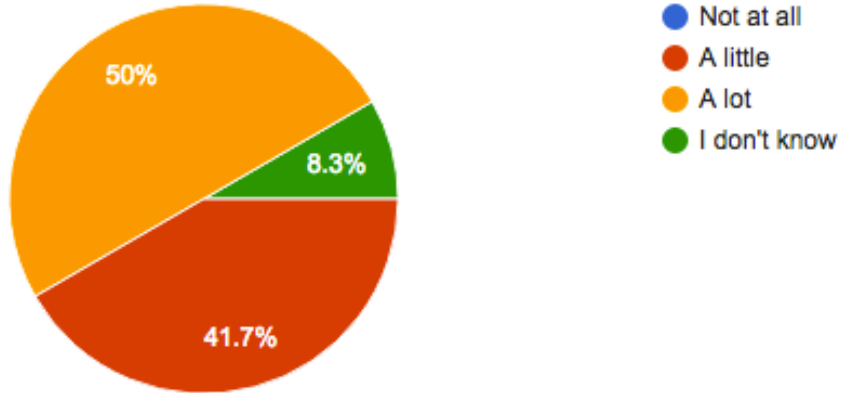


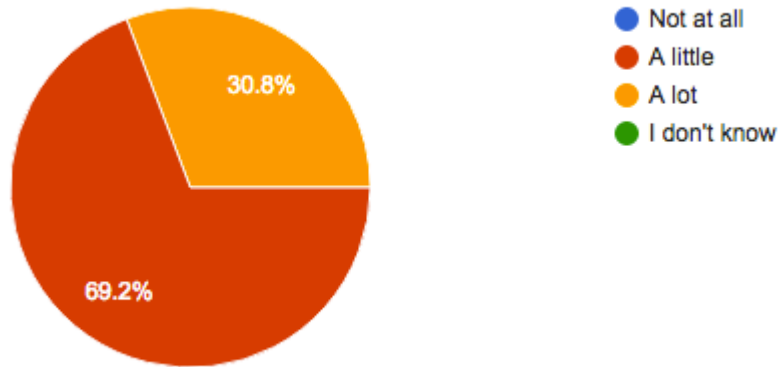
OCAD University March 2, 2017

N= 14 evaluations, ~ 27 people in attendance

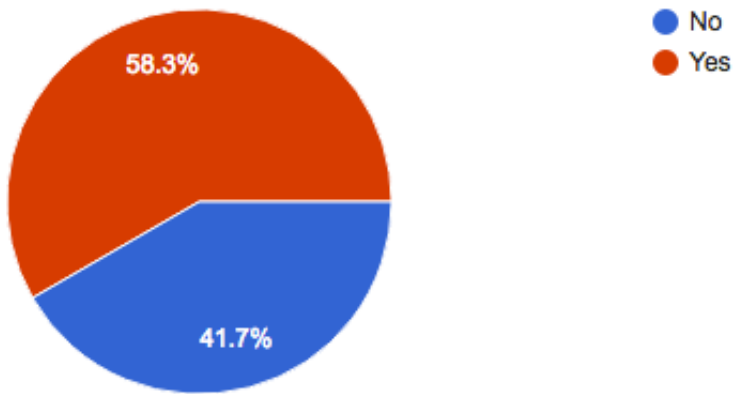
In your opinion, did this event create awareness of mental health issues?



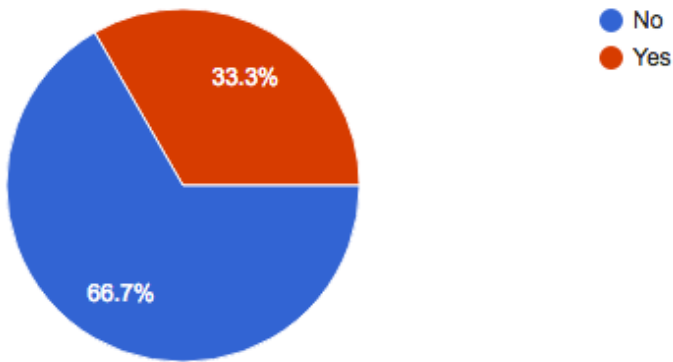
In your opinion, did this event reduce stigma related to mental illness?



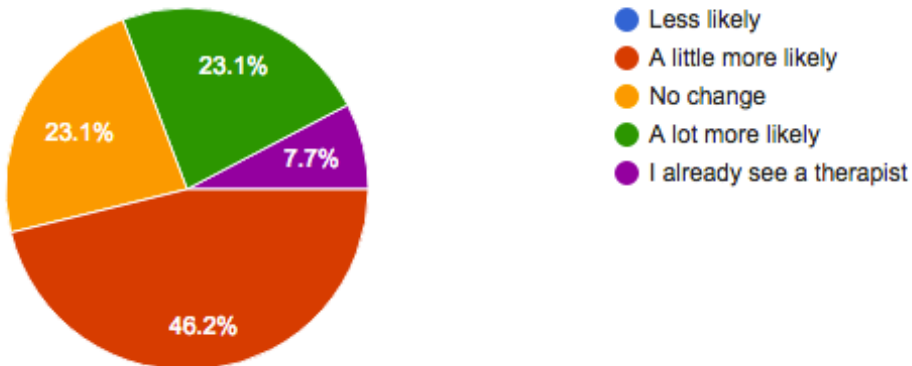
Did you know about your school's counselling services before this event?



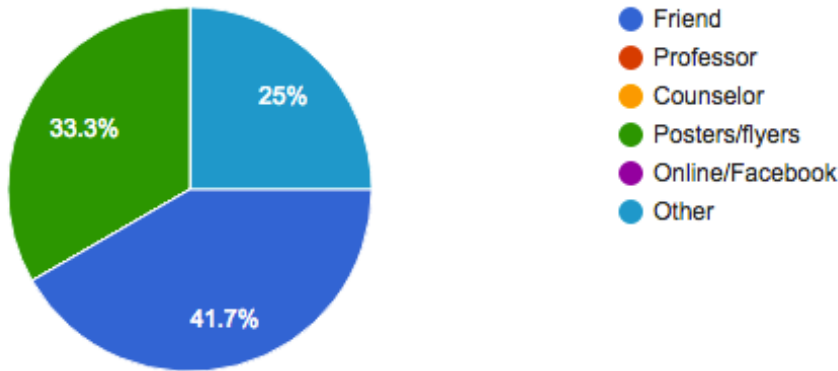
Did you know about community resources before this event?



After this event, are you more or less likely to use your school's counselling services?

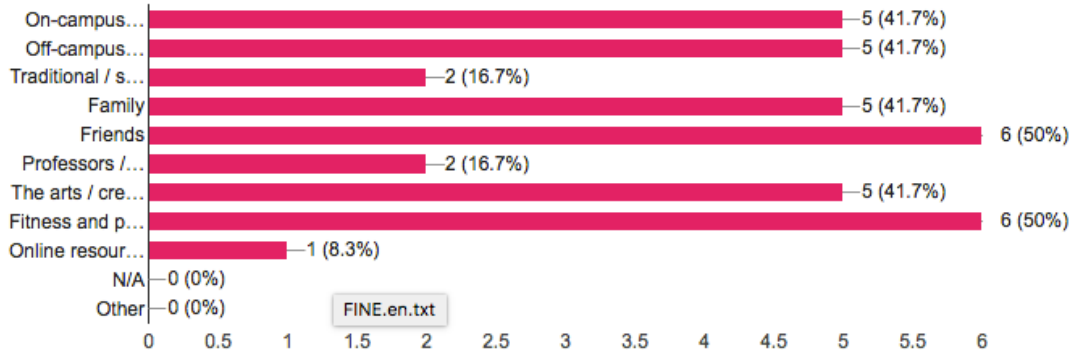


Referral Source - How did you hear about this event?



* Other includes Eventbrite / TO Blog (1) and Student Union (2)

Support Category - What type of mental health support would be most useful to you?



- Professors / mentors and Fitness and physical activity highest response
- On and Off campus supports second highest response

What was your main takeaway?

- New resources + Terminology
- OLIVE Film Competition, Roots writing workshops, creative inputs from the audience, the word 'stigma'
- Stigma around mental health
- Different people experience mental illness differently, but the feelings could be relatable to others with mental illness.
- Get help
- The notion of 'artist/genius with mental illness' being both negative and positive

- Films are a fantastic medium for discussing mental health.
- Willing to check out the winner videos for inspiration on awi.org
- Movies are a useful medium to tell stories about mental illness
- The introduction of mental illness and mental wellness and the differences

How would you describe this event to a friend?

- Informative, inclusive, welcoming
- Great event to newly get involved into mental health issues and communities
- Good way to spend Thursday evening and free food always works!
- Educational setting to better understand mental health
- A dialogue about mental wellness
- It is a safe space to discuss and think about mental health. Food's good too! Need lactose free stuff!
- Worthwhile and very educational. Also, excellent food!
- Informative
- Emotional
- Very informative, cool movies, a bit eye opening

How can we improve this event in the future?

- Maybe on a weekend, half day or full day workshops for wellness
- Show more movies (2)
- More upbeat presentation
- Better films (2)
- Hard to see the films because of the heads
- I do not think discussing the movies in groups was appropriate. The first movie was extremely emotional and I was uncomfortable having to join a group at this time.
- Perhaps look more into stigmas found within movies (other than intro activities)

Major:

Accounting- 1

Bachelor of Fine Arts – 1

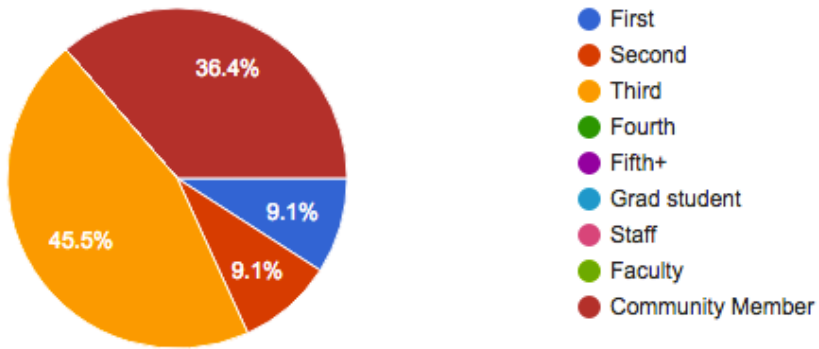
Illustration – 1

Integrated Media - 2

Material Art & design - 1

SCIN – 1

Year



Gender

Female	Male
5	6
45.5%	54.5%

Ethnicity

Asian / Pacific Islander	South Asian	Hispanic / Latino	White / Caucasian
1	3	1	6
9.1%	27.3%	9.1%	54.5%