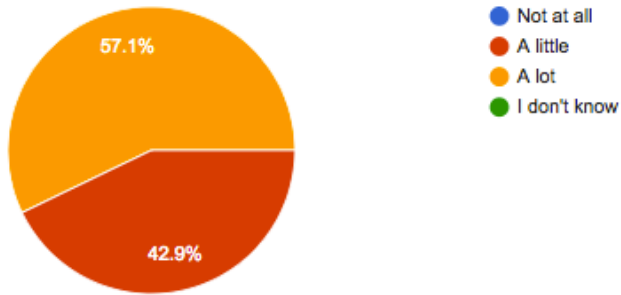


# St. Clair College October 19, 2017

N= 7 evaluations, ~ 20 people in attendance

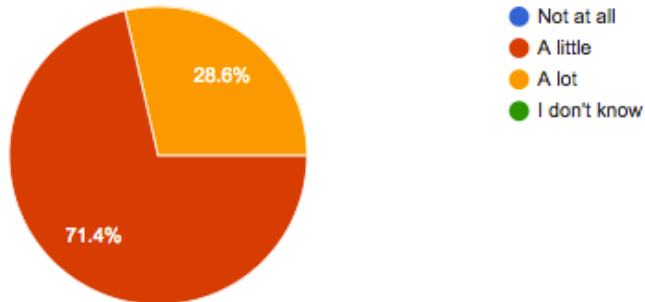
**In your opinion, did this event create awareness of mental health issues?**

7 responses



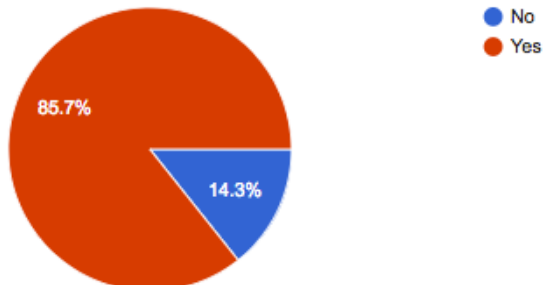
**In your opinion, did this event reduce stigma related to mental illness?**

7 responses

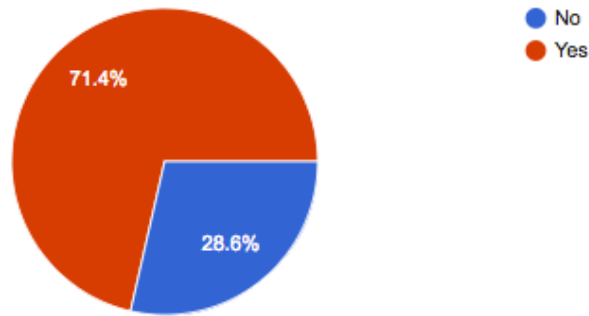


**Did you know about your school's counseling services before this event?**

7 responses

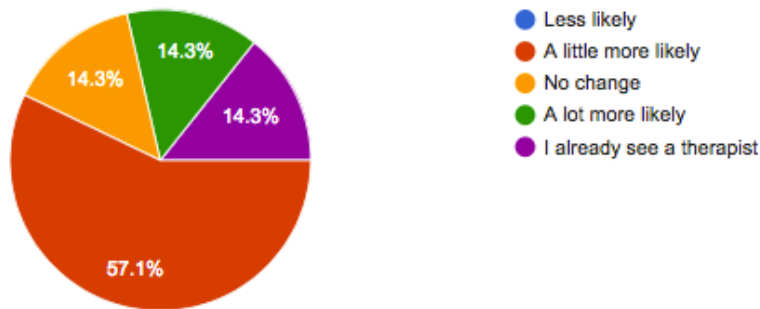


Did you know about community resources before this event?

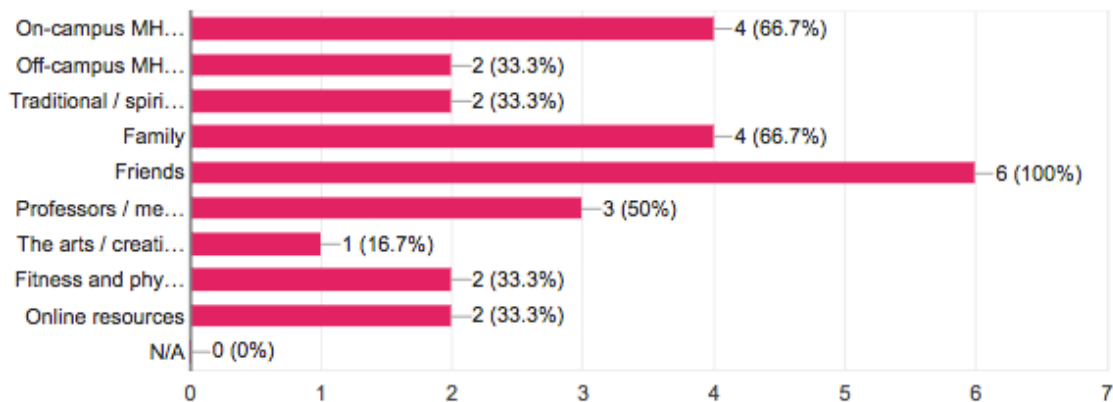


After this event, are you more or less likely to seek support for your mental health?

7 responses

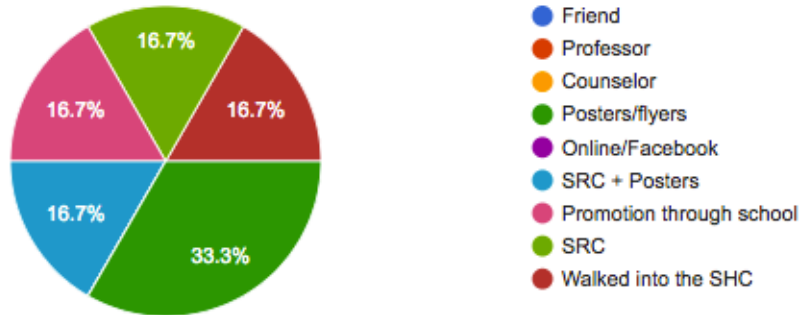


**Support Category** - What type of mental health support would be most useful to you?



## How did you hear about this event?

6 responses



## What was your main takeaway?

- More circular the care the better
- Talk to someone
- Be compassionate and empathetic
- How the stigma effects mental illness because I didn't know the full extent of it
- There's always help and it's okay to not feel okay
- 1 in 5 people in Canada have a mental illness

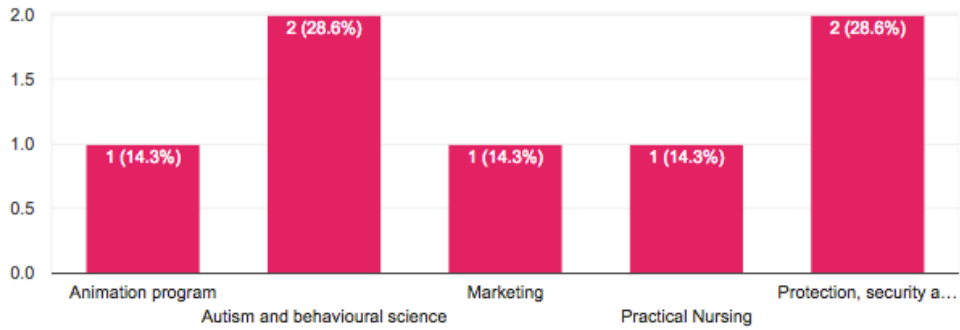
## How would you describe this event to a friend?

- Very informative
- Informative
- A panel discussion and presentation to raise mental health awareness
- An educational presentation that informs you more on what mental illness is

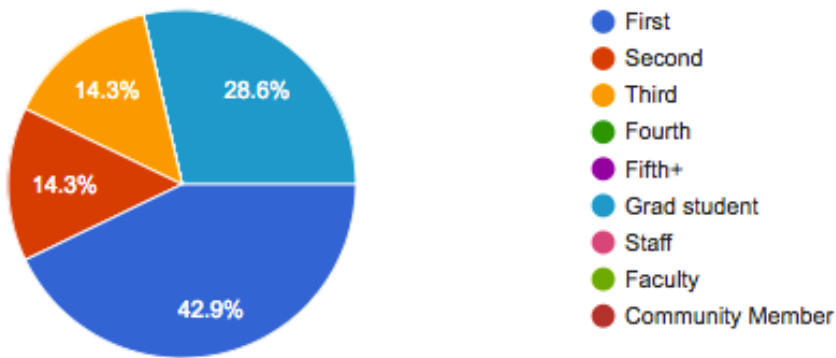
## How can we improve this event in the future?

- Advertising more (2)
- More detailed and specific content on various mental illnesses
- Have it in a more closed space with less distractions (2)

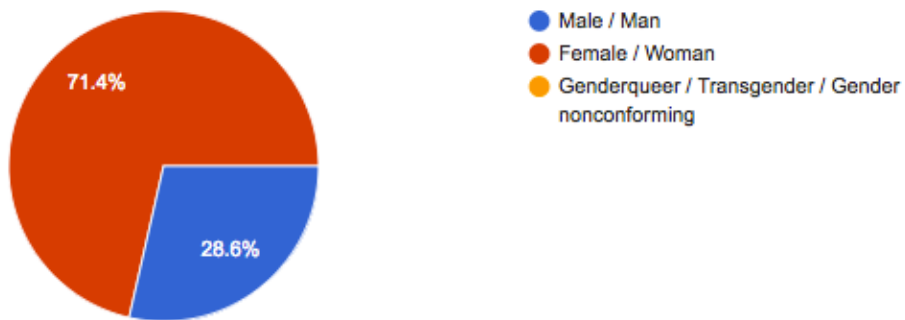
### Major:



### Year



### Gender



### Ethnicity

White / Caucasian - 86%  
Indian / South Asian - 14%