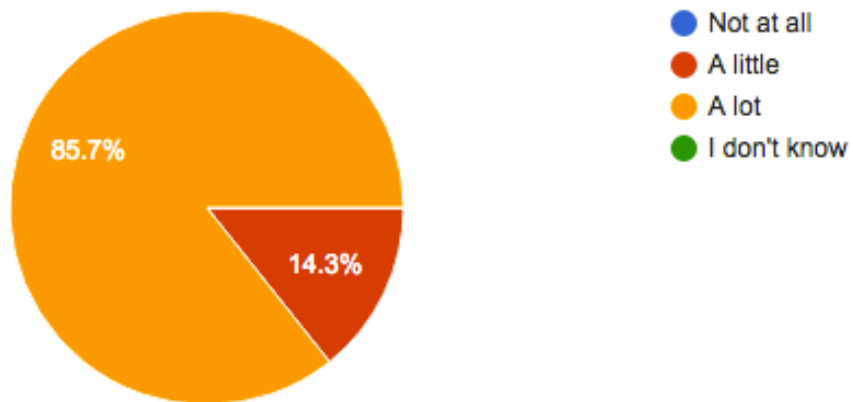


Thompson Rivers University

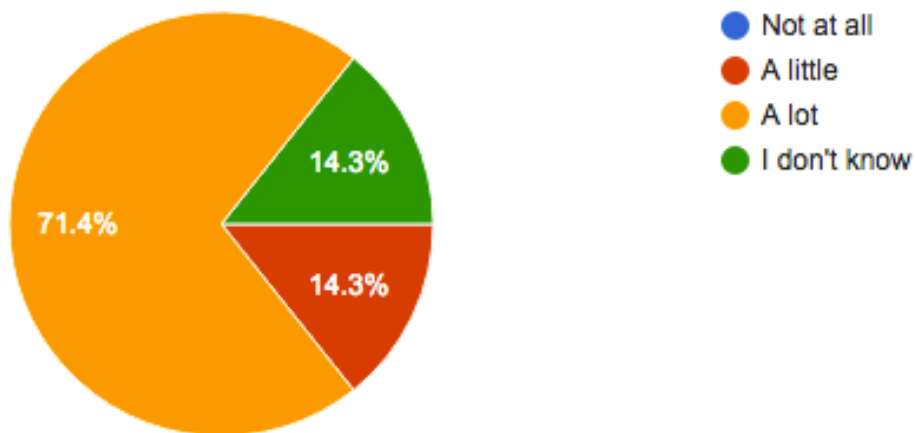
March 23, 2017

N= 16 evaluations, ~ 20 people in attendance

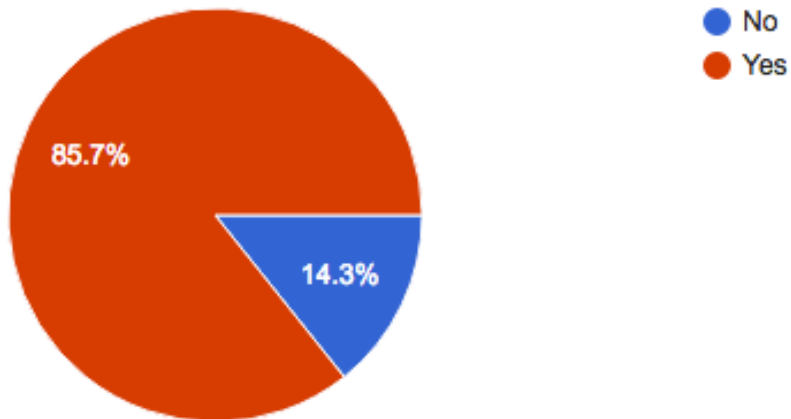
In your opinion, did this event create awareness of mental health issues?



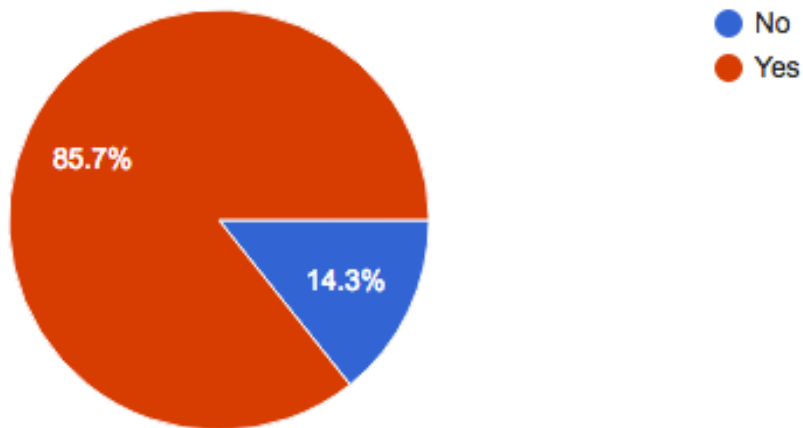
In your opinion, did this event reduce stigma related to mental illness?



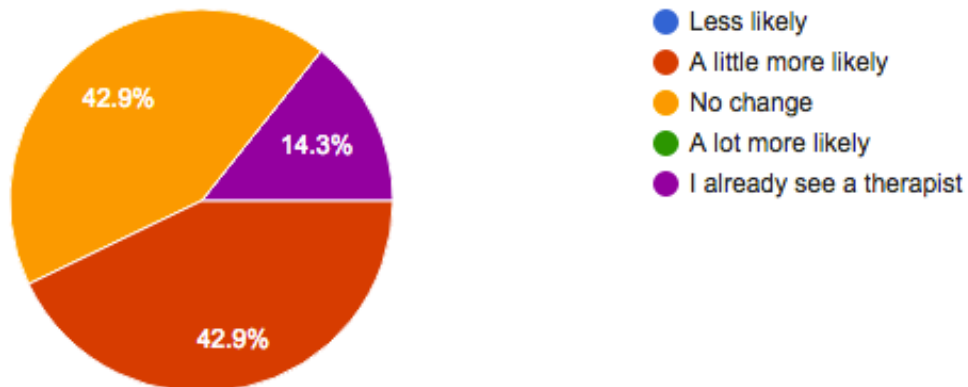
Did you know about your school's counselling services before this event?



Did you know about community resources before this event?



After this event, are you more or less likely to use your school's counselling services?



Referral Source - How did you hear about this event?

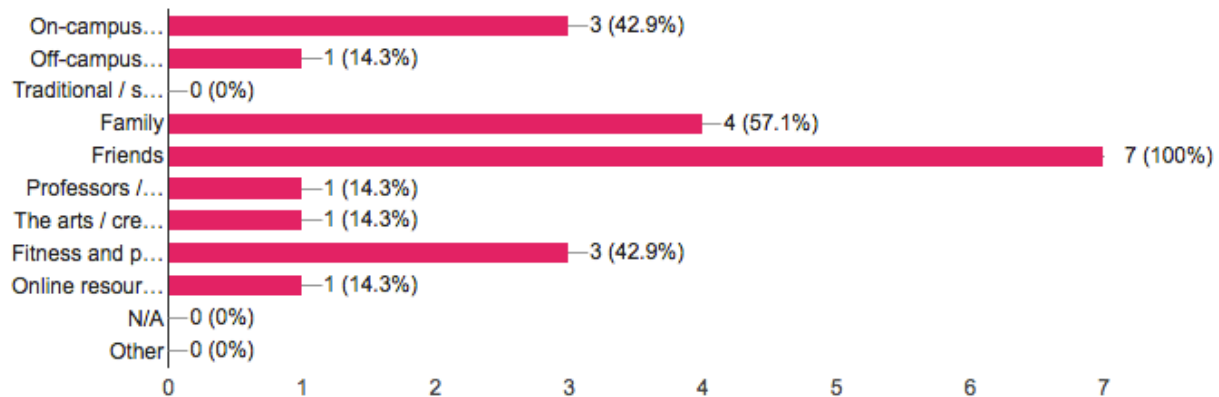
TRU wellness centre (2)

HCA course at TRU

Posters/flyers (2)

Friend (1)

Support Category - What type of mental health support would be most useful to you?



- Friends and family had the highest responses
- On-campus, fitness / physical activity second highest responses

What was your main takeaway?

- Combination of knowledge and education through film
- Every little action has an impact on someone's life/day
- I heard about an on campus support I didn't know about
- Stereotype of mental illness. It is personal
- Thank you for the event. It was wonderful.
- There is nothing wrong with mental illness

How would you describe this event to a friend?

- Attend!
- Discussion based
- Educational
- It helped explain lots of grey areas about mental illness
- Helpful to understand mental illness a lot
- Powerful

How can we improve this event in the future?

- More videos
- Better advertisement

Major:

Psychology and Sociology

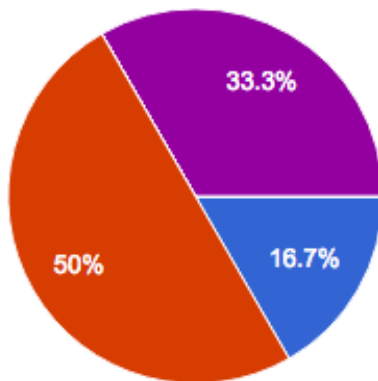
Psychology (2)

Geography

Arts

Health Care Assessment

Year



- First
- Second
- Third
- Fourth
- Fifth+
- Grad student
- Staff
- Faculty
- Community Member

Gender

100% Female

Ethnicity

Asian / Asian Canadian	White / Caucasian
1	5
16.7%	83.3%